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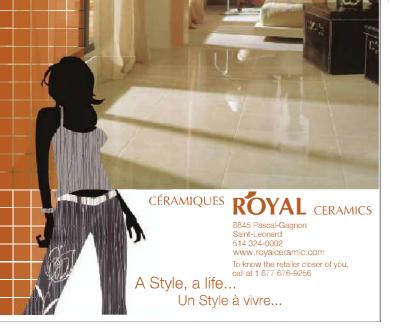
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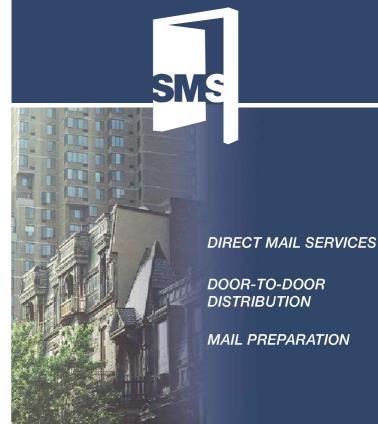
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Dear Readers.

Welcome to the fall/winter issue of the Montreal Jewish Magazine! We redesigned our front cover where you can read about what is featured. The layout of our magazine makes for an easier and simpler read. In the first section, you will find our Prime advertisers, the middle section has our feature articles, as well as all the listings and important information you will need over the next six months, while the third section groups the rest of our advertisers into categories, making it as simple as ever to find what you are looking for.

Once again, we are proud to feature a peek into the glitz and glamour of Montreal's finest charity events, and Mike Cohen is back with his expert advice to help you prepare for your winter holidays with his ever popular Travel column. If you plan on staying in the city, we've included a list highlighting some of the major winter events in Montreal. Along with our favorites such as the Jewish Chuckles, Yiddish Expressions, our six-month Jewish calendar, essential phone numbers and much more information, Joe King has written a piece on Montreal's Jewish history, Nancy Snipper delves into the history of Greek Jewry, Daniel Smajovits has written about several Chabad centres in the city as well as about Dora Wasserman and the Yiddish Theatre. We have also continued our series called "Never Again", where we remember the Holocaust through the story of one survivor.

The Montreal Jewish Magazine is printed twice a year, and we are also online year-round. Our spring/summer and fall/winter editions reach over 125,000 readers throughout Montreal and the Laurentians. If you have a Mezuzah at your door, the magazine will be delivered to you, free of charge. We deliver to 14 areas of the city: Cote St. Luc, Hampstead, Snowdon, Cote des Neiges, Outremont, Town of Mount Royal, Ville St. Laurent, Dollard des Ormeaux, Chomedey, Westmount, Montreal West, N.D.G., our community on the South Shore, downtown residences and businesses, as well as select locations in the Laurentians. You can also pick up a copy of the magazine throughout the next six months in shopping malls, synagogues, Jewish schools and at all our Kosher listings, the Federation CJA Centre, most agencies, ours and other professional offices, supermarkets, hotels, medical buildings, CSSS' and hospitals, the Tourism Bureau, and for students, at the Hillel House. Look for our booth at various charitable and Jewish events!

We wish our readers a very healthy and happy Shana Tova and extend a thank you to them and our advertisers for continuing to make our magazine the number one resource publication in Montreal.

A very special thanks to staff and all who made this magazine possible.

Harriet Szabo, Publisher

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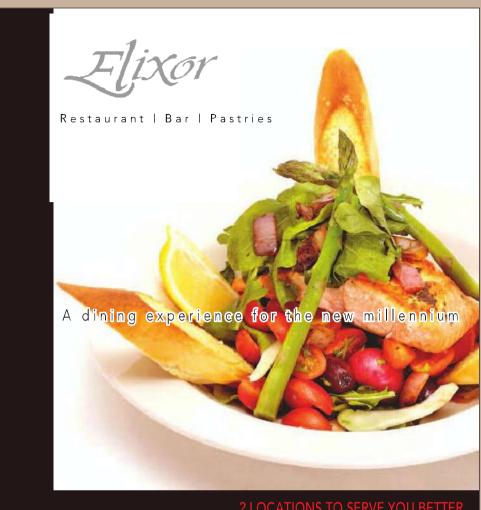
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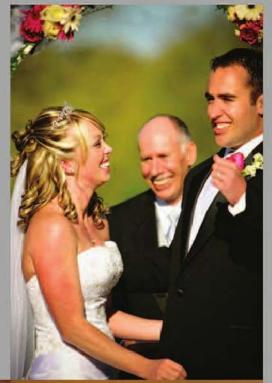




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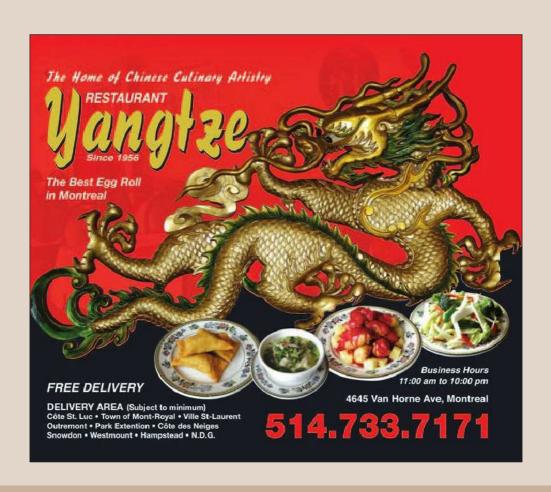
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Thursday - 3:00 P.M.

5700 Westbury Ave., Montreal, Qc.

MEN'S SOCIAL GROUP

Friday - 10:00 - Noon

5700 Westbury Ave., Montreal, Qc.

FOYER DU DIMANCHE

Sunday - 9:30 - 2:00P.M.

5151, ch. de la Côte Ste-Catherine., Montreal, Qc.

Courtesy of the Montreal Jewish Magazine



FEDERATION CJA

FEDERATION CJA is a beneficiary of Centraide

1, Carré Cummings Square Montreal, Quebec H3W 1M6 Phone: (514) 735-3541 • Fax: (514) 735-8972

FEDERATION CJA is the central funding, planning and coordinating body of services for the nearly 93,000 Jews in Montreal and speaks on behalf of the entire community.

La *FEDERATION CJA* est le principal organisme de financement, de planification et de coordination des services destinés aux 93,000 membres de la communauté juive de Montréal. C'est aussi le porte-parole de la communauté.

AGENCE OMETZ

Agence Ometz is a new social services agency, as of April 1, 2008, comprising the merger of Jewish Employment Montreal, JEM Workshop Inc., Jewish Family Services and Jewish Immigrant Aid Services Montreal.

1 Cummings Square

Montreal, Quebec H3W 1M6

Tel.: (514) 342-0000; Fax: (514) 342-2371

www.ometz.ca

JEM WORKSHOP INC. ATELIER JEM INC.

A division of JEM, the workshop is an adapted work centre for the emotionally and intellectually challenged. The people employed in the Workshop provide a valuable service while receiving professional support from a team of inhouse professionals. It is recognized as a Centre de Travail Adapté (CTA) by the Office des personnes handicappées du Québec.

8400 Mountain Sights Avenue Montreal, Quebec H4P 2B9 Tel.: (514) 735-4217; Fax: (514) 735-5015 E-mail: info@jemworkshop.org http://www.jemmontreal.org/site/en/ programs/jewish-workshop-inc/

JEWISH EMPLOYMENT MONTREAL EMPLOI JUIF MONTRÉAL

JEM provides a wide range of services to both job seekers and employers. It offers a dozen programs in employment development services including career assessment, skills training and job placement. JEM programs are supported by federal, provincial or private funding sources.

1, Carré Cummings Square, suite 310 Montreal, Quebec H3W 1M6 Tel.: (514) 345-2625; Fax: (514) 345-1369 E-mail: info@jemmontreal.org www.jemmontreal.org

JEWISH FAMILY SERVICES OF THE BARON DE HIRSCH INSTITUTE SERVICES À LA FAMILLE HINVE DE L'INSTITUT DADON I

SERVICES À LA FAMILLE JUIVE DE L'INSTITUT BARON DE HIRSCH

JFS provides supportive, preventive, educational and therapeutic services within a context of Jewish values, either directly or in collaboration with other organizations. Family & Children's Services, School Services, Community Assistance Program, and Mental Health Services all provide assistance in times of vulnerability.

1, Carré Cummings Square, suite 300 Montreal, Quebec H3W 1M6 Tel.: (514) 342-0000; Fax: (514) 342-2371 E-mail: info@jfsmontreal.org www.jfsmontreal.org

JEWISH IMMIGRANT AID SERVICES MONTREAL SERVICES D'ASSISTANCE AUX IMMIGRANTS JUIFS MONTRÉAL

JIAS promotes the well being of newcomers by providing services to meet their basic needs. It offers newcomers paralegal immigration counseling, early settlement services, financial relief, acculturation programs, and provides the opportunity for them to become integral members of the Montreal Jewish community.

5500 Westbury Ave., 2nd Floor Montreal, Quebec H3W 2W8 Tel.: (514) 342-9351; Fax: (514) 342-0287 E-mail: info@jiasmontreal.org www.jiasmontreal.org

ASSOCIATION OF JEWISH DAY SCHOOLS ASSOCIATION DES ÉCOLES JUIVES

The central body for Montreal's Jewish day schools, charged with representing the interests and educational needs of its members to governments, public and private bodies.

1, Carré Cummings Square, suite 212 Montreal, Quebec H3W 1M6 Tel.: (514) 345-2615; Fax: (514) 345-6415

BRONFMAN ISRAEL EXPERIENCE CENTRE CENTRE BRONFMAN DES EXPÉRIENCES EN ISRAËL

BIEC provides a central resource for individuals and groups wishing to visit Israel on a structured program. It offers powerful identity building experiences such as *birthright israel* and March of the Living, and facilitates access to a variety of Israel programs that meet the needs of local organizations.

1, Carré Cummings Square, suite 500 Montreal, Quebec H3W 1M6 Tel.: (514) 345-6449; Fax: (514) 345-6418 E-mail: orly.shapira@bjec.org www.biec.ca

BRONFMAN JEWISH EDUCATION CENTRE CENTRE BRONFMAN DE L'ÉDUCATION JUIVE

BJEC is the planning and coordinating agency for Jewish community educational needs in Montreal. It offers professional development, pedagogical resources, educational consultation, and instructional, technical, and educational services to a Jewish community based school system with 20 elementary and 14 secondary schools, 900 educators, and 7,100 day school students.

1, Carré Cummings Square, suite 502 Montreal, Quebec H3W 1M6 Tel.: (514) 345-2610; Fax: (514) 735-2175; www.bjec.org

CAMP B'NAI BRITH

CBB offers boys and girls 8-16 years old from all segments of the Jewish community a high quality,

diverse summer camping experience in a Jewish environment. The CBB Senior Citizen Vacation Centre provides an opportunity for seniors to enjoy a unique summer camping experience.

1, Carré Cummings Square, suite 232

Montreal, Quebec H3W 1M6 Tel.: (514) 735-3669; Fax: (514) 735-8197

www.cbbmtl.org

CANADIAN COUNCIL FOR ISRAEL AND JEWISH ADVOCACY CONSEIL CANADIEN DE DÉFENSE ET DE PROMOTION DES DROITS DES JUIFS ET D'ISRAEL (CIJA)

CIJA is an umbrella organization for Jewish community advocacy efforts, to help improve the quality of Jewish life in Canada, to increase Canadians' understanding of Israel, and to strengthen the Canada-Israel relationship. It brings together such organizations as the Canadian Jewish Congress, the Canada-Israel Committee, Quebec-Israel Committee, the National Committee for Jewish Campus Life and others.

Box 19514 Postal Outlet Manulife Centre 55 Bloor Street West, Toronto, ON M4W 3T9 Tel: (416) 925-7499 ext. 224 Fax: (416) 925-3531 www.cija.ca

CANADIAN JEWISH CONGRESS, QUEBEC REGION CONGRÈS JUIF CANADIEN, RÉGION DU QUÉBEC

As part of CIJA, CJC, Quebec Region, acts as the community's vehicle defence for representation. Committed to preserving and strengthening Jewish life, CJC acts on matters affecting the status, rights, and welfare of the Canadian Jewish community. It maintains ongoing contact with government and political leadership, representatives of Quebec's diverse cultural communities, and the media.

1, Carré Cummings Square, suite 202 Montreal, Québec H3W 1M6 Tel: (514) 345-6411; Fax: (514) 345-6412 E-mail: cjc-quebec@cjc.ca www.cjc.ca

COMMUNAUTÉ SÉPHARADE UNIFIÉE DU QUÉBEC (CSUQ)

The CSUQ ensures the advancement and preservation of the 21,000 strong Sephardic community while maintaining a spirit of unity and sense of belonging to the Jewish community as a whole. It offers a variety of recreational, social, educational, artistic, and religious services, and oversees the consolidation of the Sephardic community's ties to local Jewish and public agencies.

1, Carré Cummings Square, suite 216 Montreal, Quebec H3W 1M6 Tel.: (514) 733-4998; Fax: (514) 733-3158 E-mail: info@csuq.org www.csuq.org

CUMMINGS JEWISH CENTRE FOR SENIORS CENTRE JUIF CUMMINGS POUR AÎNÉS

CJCS offers a full range of services and programs to approximately 7,500 Jewish seniors aged 50 and over, fulfilling the needs of both active and frail seniors. It assists seniors, their families, and caregivers to access the resources and services needed to maximize independent living and enhance their quality of life. 1,200 volunteers are active in assisting day-to-day operations of the agency.

5700 Westbury Ave.

Montreal, Quebec H3W 3E8 Tel.: (514) 342-1234; Fax: (514) 739-6899 E-mail: info@cummingscentre.org www.cummingscentre.org

A permanent FEDERATION CJA branch on the West Island, it provides services, supports the development of local leadership and builds increased awareness of the vital role played by FEDERATION CJA.

FEDERATION CJA WEST ISLAND - BANLIEUE OUEST

96 Roger Pilon Street

Dollard-des-Ormeaux, Quebec H9B 2E1 Tel.: (514) 624-5005; Fax: (514) 683-4061 E-mail: albinna.abitan@federationcja.org

HILLEL MONTREAL

Hillel provides a strong, visible presence for Jewish students on ten university and CEGEP campuses across Quebec. It promotes Jewish identity by offering a wide array of cultural, social, recreational and religious programs targeted to student needs.

3460 Stanley, Montreal, Quebec H3A 1R8 Tel.:(514) 845-9171; Fax: (514) 842-6405 E-mail: dara@hillel.ca www.hillel.ca

JEWISH COMMUNITY FOUNDATION OF MONTREAL FONDATION COMMUNAUTAIRE JUIVE DE MONTRÉAL

The JCF administers a series of planned-giving programs, allowing donors to map out their contributions to FEDERATION CJA and other organizations through endowment funds and long-term gifts.

1, Carré Cummings Square, suite 510 Montreal, Quebec H3W 1M6 Tel.: (514) 345-2645; Fax: (514) 345-6410 E-mail: info@jcfmontreal.org www.jcfmontreal.org

JEWISH ELDERCARE CENTRE CHSLD JUIF DE MONTRÉAL

A 320-bed long-term care centre that provides geriatric care to the elderly through a global approach involving nursing, medical, recreational, physio and occupational therapy, social and spiritual support.

5725 Victoria Avenue Montreal, Quebec H3W 3H6 Tel.: (514) 738-4500; Fax: (514) 738-2611 www.chsldjuif.ca

JEWISH PUBLIC LIBRARY BIBLIOTHÈQUE PUBLIQUE JUIVE

The JPL offers the largest circulating collection of Judaica in North America, making it a vital resource both locally and internationally. The JPL serves the educational, informational, cultural, and recreational needs of Jewish Montrealers of all ages and backgrounds.

1, Carré Cummings Square, lobby Montreal, Quebec H3W 1M6 Tel.: (514) 345-2627; Fax: (514) 345-6477 E-mail: info@jplmontreal.org www.jewishpubliclibrary.org

MONTREAL HOLOCAUST MEMORIAL CENTRE CENTRE COMMÉMORATIF DE L'HOLOCAUSTE À MONTRÉAL

The MHMC delivers Holocaust education and awareness and alerts the public to the dangers and destructive powers of antisemitism, bigotry and hate, while promoting respect for diversity and the sanctity of all human life. In addition to attracting over 15,000 people a year to its museum, the MHMC offers a variety of educational and commemorative programs.

1, Carré Cummings Square, lobby Montreal, Quebec H3W 1M6 Tel.: (514) 345-2605; Fax: (514) 344-2651

E-mail: info@mhmc.ca

www.mhmc.ca

Project Genesis provides information and legal advice, and organizes community residents to advocate on a wide range of local and social issues. It works to improve the quality of life for the poor, senior citizens, new immigrants and those with minimal formal education.

4735 Côte Ste. Catherine Rd. Montreal, Quebec H3W 1M1

Tel.: (514) 738-2036; Fax: (514) 738-6385

QUEBEC-ISRAEL COMMITTEE COMITÉ QUÉBEC-ISRAEL

Affiliated with the Canada-Israel Committee and a part of CIJA, the Quebec-Israel Committee is mandated by the Jewish community of Quebec to transmit the community's concerns and opinions about Israel to all segments and structures of Quebec society. It sensitizes Quebec society to the realities of daily life in Israel and draws attention to the values that Quebec and Israeli society hold in common

1, Carré Cummings Square, suite 210 Montreal, Quebec H3W 1M6 Tel.: (514) 934-0771; Fax: (514) 933-8211 www.qic-cqi.org

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Fax: (514) 739-9340 www.segalcentre.org

YM-YWHA MONTREAL JEWISH COMMUNITY CENTRES CENTRES COMMUNAUTAIRES JUIFS DE MONTRÉAL YM-YWHA

The YM-YWHA, Montreal Jewish Community Centres, promotes the well being of Jewish community members by maximizing their physical, cultural, intellectual and social capabilities, and fosters their Jewish identity. The YM-YWHA, along with the Saidye Bronfman Centre for the Arts, West Island Branch, the daycares, the Y Country Camp, and the Snowdon/Metropolitan Branch, offers a variety of courses, programs, workshops and special events.

5500 Westbury Ave.

Montreal, Quebec H3W 2W8

Tel.: (514) 737-6551; Fax: (514) 735-8109

E-mail: info@ymywha.com www.ymywha.com



OTHER SERVICES

JEWISH REHABILITATION HOSPITAL HÔPITAL JUIF DE RÉADAPTATION

A 120-bed hospital offering rehabilitative care to adults recovering from illnesses and injuries. Specialized in the field of rehabilitation medicine, the Jewish Rehabilitation Hospital is an acute care hospital centre affiliated with McGill University.

3205 Alton Goldbloom

Chomedey, Laval, Quebec H7V 1R2 Tel.: (450) 688-9550; Fax: (450) 688-3673 E-mail: franceen_kaizer@ssss.gouv.qc.ca www.hjr-jrh.qc.ca

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A 387-bed, long-term care facility providing medical, nursing, rehabilitation and therapeutic recreation for the elderly. Affiliated with McGill University, Maimonides Geriatric Centre delivers a full range of quality care to meet over 500 Jewish clients needs with dignity and respect.

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MIRIAM HOME AND SERVICES

CENTRE MIRIAM

A residential centre for the intellectually-challenged, offering recreational, vocational and support services on both an in-patient and out-patient basis.

8160 Royden

Ville Mt-Royal, Quebec H4P 2T2 Tel.: (514) 345-0210; Fax: (514) 345-8965 www.centremiriam.ca MOUNT SINAI HOSPITAL MONTREAL HÕPITAL MONT-SINAÏ MONTRÉAL

A 107-bed hospital specializing in the detection and prevention of respiratory diseases. It also offers long-term and palliative care.

5690 Cavendish Blvd.

Côte St. Luc, Quebec H4W 1S7 Tel.: (514) 369-2222; Fax: (514) 369-2225 E-mail: jdcouturier.sinai@ssss.gouv.qc.ca www.sinaimontreal.ca

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Courtesy of the Montreal Jewish Magazine

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NATIONAL COUNCIL OF JEWISH WOMEN OF CANADA MONTREAL SECTION

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raoulwall@hotmail.com

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24, rue Saint-Paul Est 1-888-326-0457

Fax: 819-326-3936

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635, Léonard, Mt-Tremblant 819-425-3771

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Fax: 459-227-8564

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STE-ADÈLE (MUNICIPALITY OF)

City Hall: 1381, Ste-Adèle Blvd., 450-229-2921

514-343-3427

www.sainte-adele.net

STE-MARGUERITE / L'ESTÉREL (MUNICIPALITY OF)

Information 450-228-2543 www.stemargesterel.com loisirs@stemargesterl.com

VAL-DAVID (MUNICIPALITY OF)

Bureau de Tourisme:

2501, rue de l'Église 1-888-322-7030, loc. 235

Fax: 819-322-3204

www.valdavid.com

IVRY-SUR-LE-LAC (MUNICIPALITY OF)

City Hall: 601, Chemin de la Gare 819-326-0554



Courtesy of the Montreal Jewish Magazine

MONT-TREMBLANT

Gray Rocks
2322, rue Labelle
(819) 425-2771 • 1-800-567-6767
www.gravrocks.com

Tremblant 1000, ch. Des Voyageurs (819) 681-3000 • 1-888-857-8043 www.tremblant.ca

MORIN-HEIGHTS

Ski Morin Heights 231, chemin Bennett (450) 227-2020 www.mssi.ca

PIEDMONT

Mont Avila 500, chemin Avila (450) 227-4671 www.mssi.ca

Mont Olympia 330, chemin de la Montagne (450) 227-4671 www.mssi.ca

SAINTE-ADELE

Ski Chantecler 1474, ch. Chantecler (450) 229-3555 1-888-916-1616 www.lechantecler.com

Ski Mont Gabriel Hotel Mont Gabriel 1501, chemin du Mont-Gabriel 1699, chemin du Mont-Gabriel (450) 227-1100 • (450) 227-7983 www.mssi.ca

ST-ADOLPHE-D'HOWARD

Mont Avalanche 1657, chemin de l'Avalanche (819) 327-3232 www.st-adolphe.com

ST-FAUSTIN-LAC-CARRE

Mont-Blanc 1006, route 117 (819) 688-2444 • 1-800-567-6715 www.skimontblanc.com

ST-SAUVEUR

Mont St-Sauveur 350, rue Saint-Denis (450) 227-4671 www.mssi.ca

Ski Mont-Habitant 12, boul. des Skieurs (450) 227-2637 • 1-866-887-2637 www.monthabitant.com

VAL-DAVID

Mont Alta 2114, route 117 (819) 322-3206 www.mont-alta.com

Vallee-Bleue 1418, chemin Vallee-Bleue (819) 322-3427 www.vallee-bleue.com

VAL-MORIN

Belle Neige 6820, route 117 (819) 322-3311 • 1-877-600-3311 www.belleneige.com

Courtesy of the Montreal Jewish Magazine

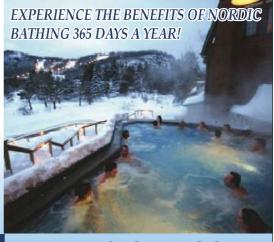


THE POLAR BEAR'S CLUB IS:

- 4 access points to the river
- 5 outdoor whirlpool baths
- 2 waterfalls 2 steam saunas
- 2 dry-heat saunas 2 outdoor pools

Several indoor and outdoor relaxation areas On site lodging & divine health, beauty & massage treatments. You can now conveniently buy gift certificates online!

930, boul. des Laurentides, Piedmont 450-227-4616 Toll Free: 1-877-240-4616



www.polarbearsclub.ca

BUSINESS BUZZ

DELMAR INTERNATIONAL

Although Delmar started several years ago as a customs brokerage house, the bulk of the business now is based on commercial International Freight Forwarding. If you need to ship a container of tomato sauce across the country, or a jet engine around the world, Delmar can handle it globally. Delmar is currently the largest Canadian owned, privately held freight forwarder in the country. Well established and very well-known in the industry, their growth has been exceptional for the last several years and they expect to broach the 1,000 employee threshold by years end. With offices in China, the USA and in now in Europe, Delmar is very well equipped to satisfy any and every shipping requirement. Keeping ahead of the pack, Delmar is also a leader in Software related Logistics technology having in excess of 50 dedicated programmers between Canada and China. Import or export, national or international, Delmar is likely to be able to meet the need. Learn more by visiting them on theweb at www.delmarcargo.com. 514-636-8800



IDEA VILLEBA KER CONSTITUTION INC. 11 42457-5203-3202 5247-5203-3202

MARVIN BAKER CONSTRUCTION

Remodeling your home is a significant investment. It has been our privilege to help hundreds of homeowners realize their dream of a beautifully remodeled kitchen or bathroom to fit their lifestyle and the architectural integrity of their home. A remodel not only improves the enjoyment and usefulness of your home, it can also add to its value if it's time to sell or refinance. Whatever your goal, be it curb appeal or adding modern comforts and conveniences, Marvin Baker Construction has the experience to get the job done right, with proper planning, quality workmanship and accountable project management. 514-963-1444

POISSONNERIE CHASSE MARÉE

La Poissonnerie Chasse Marée has been acquired by E-Covima Inc., a leader in the import and distribution of fresh exotic fish fillets and loins in Canada. They offer our markets fresh fish from Africa, South East Asia, Europe, Canada and the USA. They distribute over 50 different types and varieties of fish and seafood such as Nile Perch, Chilean Sea Bass, Escolar, sashimi grade Itsumo tuna, Pacific swordfish, Blue Marlin, Red Snapper, Parrot fish, but to name a few. They also offer an extensive line of Sushi products, European culinary delights, and a complete line of Knorr products, Asia Home Delights, as well as sauces, dressings, fresh salads and ready-to-eat meals. 514-481-3323



ASHLEY MEUBLES HOME STORE

Ashley Furniture, an American manufacturer, was established in Arcadia Wisconsin in 1945 and has become the world's largest furniture manufacturer. In 1997, they decided to sell their products through their own retail outlets and the first store was opened in 1997. Since then, they have grown to become the largest furniture retailer in North America with over 400 stores. In Quebec, they opened their first store in April of 2007 and now have 3 locations, Laval, St-Jerome, and St-Hubert. Their approach is unique in the sense that they will regroup styles together, meaning that if you are looking for a contemporary style of furniture, or more of a country look, living room, dining room and bedrooms sets of the same "style" are exposed together to give you a better idea of an ensemble. **450-681-6888**



DÉVELOPPEMENT ÉCONOMIQUE ST-LAURENT

Développement économique Saint-Laurent (DESTL), has as it's main goal, the support to companies located on it's territory. Thanks to its CLD, DESTL offers to entrepreneurs—who have a business project, or who would wish to start an enterprise, technical support as well as a complete range financing programs. Hence, potential promoters, less than 35 years of age, can benefit from subsidies of up to \$24 000, or of a non-guaranteed loan of up to \$150 000. DESTL offers a complete range of services and programs for the start up and the growth of companies located in Ville Saint-Laurent, Côte-Saint-Luc, Hampstead et Montréal-Ouest. Please call us for additional information at **514 855-5757** or visit our web site: **www.destl.ca**



BUSINESS BUZZ



DÉCOR DION

With over 14 years of solid experience, Peter, the owner of Décor Dion, offers his clientèle renovation and construction services of which 80% is residential. Peter knows that reputation and reliability are key in this business. Along with his six employees, Peter strives to live up to client's expectations in time and on budget. He is flexible to allow clients to supply some materials, which he will gladly install as a service to them. Honesty, service and reliability are words that Décor Dion lives by, especially after sale service. If a client is not satisfied, for any reason and within reason, they will make it right, according to code and to client's satisfaction. References are available upon request. 514-585-1208



GLASS EXPERTS INC.

Alfredo Da Silva has been in the glass business for over 26 years. Glass Experts, located on St-Jacques, has 3 divisions or areas of expertise. Doors and windows for renovation projects or new construction, shower enclosures made to measure and installed professionally as well as the most unique glass sinks for bathrooms, and thirdly, lotus leaded glass glazing for windows, cabinets, stained glass and restoration projects. Their doors and windows come in many different styles and materials such as wood, aluminum and fiberglass. Alfredo recommends the wood doors and windows because they last longer, are beautiful esthetically and with an aluminum backing are maintenance free. Glass experts Inc. will handle all your glass needs, both residential and commercial. 514-484-6203 or 514-953-3094.



LOEWS HOTEL VOGUE

With function space that can accommodate up to 170 people, a traditional ballroom and outdoor terrace the downtown Loews Hotel Vogue lends itself to all classy affairs. The facility features spacious bedrooms with jetted baths in a European-inspired decor. For weddings they offer the bride and groom a complimentary honeymoon suite and invite them to celebrate their first wedding anniversary with a complimentary bedroom. To book your special event: weddings, birthdays, bar and bat Mitzvahs and anniversaries, contact one of their professionals: Helene Gaston (514-285-5721), hgastonkhoury@loewshotels.com, or Claudio Incollingo (514-285-5709), cincollingo@loewshotels.com, Marie-Eve Mathias (514-285-5722), mmathias@loewshotels.com.



PATISSERIE TRAITEUR ADAR (KOSHER)

The Cohen Brothers started a bakery several years ago which quickly became very popular. Their success was so great that they had to expand, and built a brand new facility on Westminster Street. They now still offer their famous baked goods and their catering service, but now have also added a Reception Hall which can hold up to 140 guests for all your simchas. They have full reception packages where one price per person includes everything including wine etc. Additionally they have opened in the same facility, the Bistro Pizza, which serves up excellent pizza, pasta, Paninis and fresh salads, which you can eat on the premises or order for take out. With friendly and professional service, great food, Patisserie Traiteur Adar continues to serve the Montreal Jewish community. 514-484-1189



PRICE CHOPPER

Based in Schenectady, NY, the Golub Corporation owns and operates more than 120 Price Chopper Supermarkets in New York, Vermont, Connecticut, Pennsylvania, Massachusetts and New Hampshire. The family-owned company prides itself on longstanding traditions of innovative food merchandising, leadership in community service, and cooperative associate relations. In addition to its environmentally progressive features, the newest store boasts a number of enhanced fresh food offerings, including a new Kosher Bakery which expands what is already the largest Kosher store-within-a-store offer between Monsey (NY) and Montreal. The 69,000 square foot store and pharmacy is located at 1892 Central Avenue, in Colonie NY. 1-800-727-5674

AYNSLEY LAVERGNE & ASSOCIATES INC

Aynsley LaVergne & Associates Inc. has been helping clients with their retirement and estate planning, since 1994. As independent financial planners registered with the Autorité des marchés financiers (AMF), they offer a full range of investments and life insurance products. Eric Marsolais, owner, strongly believes that clients need to be properly informed in order to make sound financial decisions. One of the products he urges clients to consider is Long Term Care Insurance. To help people better understand the costs and benefits associated with a Long Term Care Insurance, he has put together a kit, complete with a personalized quotation and an informative booklet from The Council on Aging of Ottawa. For more information please contact Mr. Eric Marsolais at 514-636-3855, ext. 204



CUISINE & SALLE DE BAIN D.D.O. INC

Siham Azzi is a designer and has been for quite some time. Cuisine & Salle de Bain DDO not only actually does the design but are also qualified general contractors so they can realize the design that has been agreed upon by the client, from start to finish. If you wish to redo a full kitchen, or a bathroom, they will help you pick the granite, marble or ceramics, as well as high pressure laminates, as per design specs. Everything is made to measure, including kitchen cabinets . They can renovate any part of your home as well as build extensions if need be. Their work is guaranteed and they are members of the RBQ (Regie du Batiment) and the APCHQ. Give them a call at 514-676-1571



DIDI DESIGNS

After Diana Cigana designed and created the invitations for her own wedding 3 years ago, people were so impressed with her artistic talents that interest for these handmade one of a kind invitations started and has grown ever since. She now has demand for wedding invitations and other events as well such as baptisms and showers. She also makes matching place cards, menus, programs and other stationery. Clients can choose the color of the paper, ribbons, Swarovski rhinestones and other such things that enhance the beauty of each invitation. Special events are just that, special, consequently, taking that extra step to make it extra special is something that will be remembered and cherished always, whatever the event. For more information or to book an appointment, please call Diana of Didi Designs at 514-944-3424.



J.K. PEINTURE

J.K. Peinture has been in the painting business since 1982. Starting off as a small family business from a home office and under the guidance and ownership of John Kolias, the company continued to expand from residential services, to also include commercial and industrial services. With new offices located at 700 Cremazie Ouest # 10. The company has gained a great deal of respect and is now considered to be one of the premier painting and restoration companies in the province. Now with over sixty five painters working throughout the year, they handle projects at Mont-Tremblant, as well as office buildings, hospitals, churches, theaters and homes. No job is too big or too small. Do not hesitate to contact them for further information and a free estimate at 514-271-1759.



BEN GRAUR - MEDIA SOURCE DISTRIBUTORS

It was 16 years ago that Ben Graur began carving a unique niche for himself. While overseeing the home delivery of The Montreal Jewish Magazine, he began getting inquiries from businesses and organizations to deliver their flyers, circulars and pamphlets. Before you knew it, his company called Media Source Distributors was swimming in clients and doing its part for the Jewish community. Always anxious to meet customer needs, he assures that deliveries will be placed directly in the mailbox or mail slot. Despite his heavy workload, Ben finds time to help organizations in need. For Jewish organizations in need, he is always willing to step forward and help with a special delivery. Ben can be reached at (514) 884-3047.







CEMETERIES

BACK RIVER CEMETERY: BERRI STREET & LAJEUNESSE STREET

Take Côte Des Neiges Rd. North. Continue north on St. Claire Rd. to Metropolitan Service Rd. Exit St. Lawrence Blvd. North on St. Lawrence to Sauvé East on Sauvé to Berri (cemetery on right) or to Lajeunesse (cemetery on left)

Tel.: (514) 909-1735

BARON DE HIRSCH AND AFFILIATED CEMETERIES

5015 Rue De La Savanne. Between Mountain Sights and Kindersley Avenues.

Tel.: (514) 735-4696

ETERNAL GARDEN CEMETERY: BEACONSFIELD

Take Trans Canada Highway to Exit 50 (St. Charles Rd.). Turn left (South) on St. Charles Rd. To Evergreen Drive (last street on right before the highway 20 underpass). Turn right on Evergreen Drive to Elm Avenue. Left on Elm past station to cemetery. Tel.: (514) 695-1751

KEHAL ISRAEL MEMORIAL PARK CEMETERY: DOLLARD DES ORMEAUX

Take Trans Canada Highway to Exit 55, Sources Rd. Turn right (north) on Sources Rd., Proceed approximately 1.6 km to cemetery. Cemetery address: 4189 Sources Blvd.

Tel.: (514) 684-3441

MOUNT PLEASANT CEMETERY: DUVERNAY

Laurentian Autoroute North, Exit Route 440 East. Exit Montée St. François. Turn left at stop sign. Go over hill and turn right at Bas St. François Cemetery on left 3/4

5505 Rang du Bas St-François

Tel.: (450) 661-7016

SHAAR HASHOMAYIM, SPANISH & PORTUGUESE, TEMPLE EMANUEL, MT. ROYAL BLVD.

East on Côte Ste. Catherine Rd. to Vincent D'Indy, South on Vincent D'Indy to

Mt. Royal Blvd. Left on Mt. Royal Blvd. to Forest Rd. Cemetery at Mt. Royal Blvd. and Forest Road. 1297 Chemin de la Forêt.

Tel.: (514) 279-7358

Courtesy of the Montreal Jewish Magazine

BEREAVEMENT SUPPORT

www.lifeloveandloss.com

ARGYLE INSTITUTE OF HUMAN RELATIONS

4115 Sherbrooke West, 5th Floor

Montreal, Qc H3Z 1K9

Tel.: (514) 931-5629, Fax: (514) 931-8754

E-mail: argyle@total.net

Web site: www.total.net/-argyle The Argyle Institute of Human Relations is a non-profit, charitable organization which offers psychotherapy to individuals, couples and families.

CANADIAN NATIONAL ORGANIZATION FOR THE WIDOWED - C.N.O.W

4823 Sherbrooke West, Suite 220

Westmount, Qc H3Z 1G7

Tel.: (514) 931-3935 or (514) 934-0280

Contact: Trudy Friedman

Fax: (514) 931-8005

Services offered include: Individual and group bereavement counselling, out-reach support, bereavement education, and leadership training for group facilitation.

COMPASSIONATE FRIENDS

Meeting Place: YM-YWHA - Kellert Hall

5400 Westbury Avenue Montreal, Qc H3W 2W8 Tel.: (514) 737-6551, ext. 237

Contact: Olga Freeman www.tcfcanada.net

Bereavement group for parents who have lost a child. Self-help group meeting first Tuesday of each month.

THE GRIEF CENTER

Queen Elizabeth Health Complex

2100 Marlowe Avenue

Montreal, Qc H4A 3L5

Tel.: (514) 486-0550

The Grief Center is a safe place for grieving adults, children and adolescents founded by Yvonne Clark MSW and Dawn Cruchet BN, MEd.

HOPE AND COPE SIR MORTIMER B. DAVIS

JEWISH GENERAL HOSPITAL

3755 Côte St. Catherine Road, Room E-110

Montreal, Qc H3T 1E2

Tel.: (514) 340-8255, Fax (514) 340-8302

E-mail: axmg@musica.mcgill.ca Hope and Cope provides a support system for cancer patients and their families.

MCGILL CENTER FOR LOSS AND BEREAVEMENT

MCGILL SCHOOL OF SOCIAL WORK

3506 University Street Montreal, Qc H3W 1M6

Tel.: (514) 398-7058

McGill Center for Loss and Bereavement offers a variety of free support groups to those who are grieving the loss of a loved one.

October 18, 2009

Agence Ometz, Cummings Jewish Centre for Seniors – Montreal Walks for Mental Health Marcie Klein (Ometz) – marcie.klein@ometz.ca • T: 514-342-0000, ext. 3412

Noga Yudelevitch – noga@cummingscentre.org • T: 514-342-1234, ext. 3095

Pierre Elliot Trudeau Park, Einstein & Mackle, Cote St. Luc

October 21, 2009 - 8 PM - 10 PM

Federation CJA, Health & Academia Division – The Maimonides Society Event Sheila Benhaim – sheila.benhaim@federationcja.org • T : 514-345-2645, ext. 3660

Planetarium de Montreal, 1000 St. Jacques St., Montreal

October 22, 2009 - 7:30 PM

Na'amat Canada Montreal – An exclusive evening with Mr. Aaron David Miller Sophie Katz-Milo • T.: 514-484-0252

Loews Hotel Vogue, 1425 de la Montagne, Montreal

October 25, 2009 - 6 PM

Jewish Eldercare Centre Auxiliary – "An Evening of Laughter", honouring Sid Stevens (Cocktails, Silent Auction, Dinner & Show)

Marilyn Aisen • T.: 514-738-4500

Congregation Shaare Zion, 5575 Cote St. Luc Rd., Montreal

October 29, 2009 - 7 PM

Canadian Hadassah-WIZO Montreal Centre – Art Auction Honouring Yehouda Chaki Alanna Elias – alanna@montreal.chw.ca • T.: 514-933-8461

Espace Reunion, 6600 Hutchison, Montreal

November 1, 2009 – 5 PM – 10:15 PM

Montreal Community Kollel – Building Dinner

Michael Goldberg – michaelgoldberg@thejnet.com • T: 514-299-9151

November 1 – 15, 2009

Communaute Sepharade Unifiee du Quebec – Festival Sefarad Brigitte Danino – bdanino@csuq.org • T: 514-733-4998, ext. 3137

Communaute Sepharade Unifiee du Quebec, 1 Cummings Square, Montreal

November 5, 2009 – 6 PM – 11:30 PM

Jewish General Hospital – Angel Ball

Annette Goldman – agoldman@igh.mcgill.ca • T: 514-340-8222, ext. 4602

Marche Bonsecours, 300 St. Paul St. E., Montreal

November 8, 2009 – 9 AM – 5 PM

YM-YWHA Montreal Jewish Community Centres – Giant Bazaar Arlene Sculnick – asculnick@ymywha.com • T: 514-737-8628, ext. 282

YM-YWHA Montreal Jewish Community Centres, 5400 Westbury Ave., Montreal

November 10, 2009 – 6 PM – 10 PM

Chaya Mushka Seminary – Feast of the Nations Gala

Rachel Varni – seminary@theseminary.ca • T: 514-733-2221, ext. 236

Congregation Shaar Hashomayim, 450 Kensington Ave., Montreal

Community Events

November 14, 2009

Adath Israel Poale Zedek Anshei Ozeroff Congregation – Raffle Winnie Horne – winnie@adath.ca • T : 514-482-4252, ext. 221

Adath Israel Poale Zedek Anshei Ozeroff Congregation, 223 Harrow Cr., Hampstead

November 16, 2009 – 6 PM – 11 PM

ORT Montreal – Gala

Emmanuel Kalles – emmanuelk@ortmontreal.org • T: 514-481-2787

Place des Arts, Montreal

November 19, 2009 - 6 PM - 11:30 PM

Juvenile Diabetes Research Foundation - Gala

Ethy Cohen – ecohen@jdrf.ca • T: 514-744-5537, ext. 225

The Windsor Ballrooms, 1170 Peel St., Montreal

November 22, 2009

Migdal Or - Annual Gala

Sandra Danino – sandradanino@groupemk.com

November 29, December 6, 2009

Temple Emanu-El-Beth Sholom – Big Bazaar info@templemontreal.ca • T : 514-937-3575

Temple Emanu-El-Beth Sholom, 4100 Sherbrooke St. W., Westmount

November 29, 2009 - 6 PM

Canadian Technion Society - Gala

Anne Kalles – mtltech@cdntech.org • T : 514-735-5541

Congregation Shaar Hashomayim, 450 Kensington Ave., Westmount

November 29, 2009

The Jewish General Hospital Foundation – A Cabaret for the Cure

Jacqui – acabaretforthecure@gmail.com • T: 514-952-6908

Le Living Room, 5687 Pare St., Mont-Royal

November 30, 2009

The Canadian Friends of the Hebrew University – Gala Dinner Carolyn Steinman – csteinman@cfhu.org • T : 514-932-2133

December 2, 2009 – 5 PM – 11 PM

Maimonides Geriatric Centre Foundation – Maimonides Battle of the Bands

Lisa Blobstein – lisa.blobstein@ssss.gouv.qc.ca

Metropolis, 59 Ste. Catherine St. E., Montreal

March 13 - 17, 2010

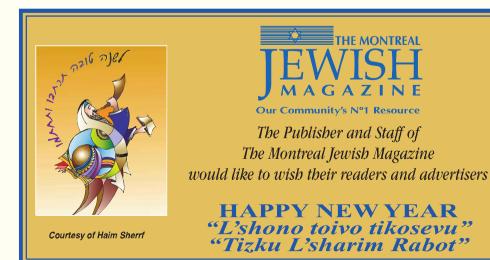
Miriam Foundation - The Montreal Open

Nancy Smith – nancys@miriamfoundation.ca • T: 514-345-1300

OLIDAY GREETING:

3-YEAR CALENDAR OF JEWISH HOLIDAYS

| | 5770 | 5771 | 5772 |
|---|------------------------|------------------------|----------------------|
| HOLIDAYS | 2009-2010 | 2010-2011 | 2011-2012 |
| Rosh Hashanah | Sept. 19 – 20, 2009 | Sept. 9 – 10, 2010 | Sept. 29 – 30, 2011 |
| Fast of Gedaliah | Sept. 21, 2009 | Sept. 12, 2010 | Oct. 2, 2011 |
| Yom Kippur | Sept. 28, 2009 | Sept. 18, 2010 | Oct. 8, 2011 |
| Sukkot | Oct. 3 – 9, 2009 | Sept. 23 – 29, 2010 | Oct. 13 – 19, 2011 |
| Shemini Atzeret | Oct. 10, 2009 | Sept. 30, 2010 | Oct. 20, 2011 |
| Simchat Torah | Oct. 11, 2009 | Oct. 1, 2010 | Oct. 21, 2011 |
| Hanukkah | Dec. 12 – 19 , 2009 | Dec. 2 – 9, 2010 | Dec. 21-28, 2011 |
| Fast of 10 Tevet | Dec. 27, 2009 | Dec. 16, 2010 | Dec. 13, 2011 |
| Tu Bishvat | Jan. 30, 2010 | Jan. 20, 2011 | Feb. 8, 2012 |
| Ta'anit (Fast of) Esther | Feb. 25, 2010 | M arch 17, 2011 | M ar. 7, 2012 |
| Purim | Feb. 28, 2010 | M arch 20, 2011 | M ar. 8, 2012 |
| Passover | Mar. 30 – Apr. 6, 2010 | Apr. 19 – 26, 2011 | Apr. 7-14, 2012 |
| Yom Hashoah (Holocaust Remembrance Day) | April 11, 2010 | May 1, 2011 | April 19, 2012 |
| Yom Hazikaron (Israel Memorial Day) | April 18, 2010 | May 9, 2011 | April 25, 2012 |
| Yom Ha'atzmaut (Israel Independence Day) | April 19, 2010 | May 10, 2011 | April 26, 2012 |
| Lag Baomer | May 2, 2010 | May 22, 2011 | May 10, 2012 |
| Shavuot | May 19 – 20, 2010 | June 8 – 9, 2011 | May 27-28, 2012 |
| Fast of 17th of Tammuz | June 29, 2010 | July 19, 2011 | July 8, 2012 |
| Tisha B'Av | July 20, 2010 | Aug. 9, 2011 | July 29, 2012 |



| October 2009 - Tishrei - Cheshvan - 5770 October/Octobre 2009 | | | | | | | | | | | | |
|--|---|--|---|---|--|--|--|--|--|--|--|--|
| October 2009 - Tish | rei - Cheshvan - 5770 | Octob | er/Octobro | e 2009 | | | | | | | | |
| SUNDAY DIMANCHE | MONDAY LUNDI | MONDAY TUESDAY WEDNESDAY LUNDI MARDI MERCREDI | | THURSDAY JEUDI | FRIDAY VENDREDI | SATURDAY SAMEDI | | | | | | |
| | | | | 13 Tishrei | 2 14 Tishrei | 3 15 Tishrei | | | | | | |
| | | | | | Erev Sukkot | Sukkot I | | | | | | |
| | | | | | 6:16 | 7:18 | | | | | | |
| 4 16 Tishrei | 5 17 Tishrei | 6 18 Tishrei | 7 19 Tishrei | 8 20 Tishrei | 9 21 Tishrei | 10 22 Tishrei | | | | | | |
| Sukkot II | Sukkot III | Sukkot IV | Sukkot V | Sukkot VI | Sukkot VII | Shmini Atzeret | | | | | | |
| | | | | | 6:03 | 7:05 | | | | | | |
| 11 23 Tishrei | 12 24 Tishrei | 13 25 Tishrei | 14 26 Tishrei | 15 27 Tishrei | 16 28 Tishrei | 17 29 Tishrei | | | | | | |
| Simchat Torah | | | | | | | | | | | | |
| | | | | | 5:51 | | | | | | | |
| 18 ^{30 Tishrei} | 19 1 Cheshvan | 20 ² Cheshvan | 21 3 Cheshvan | 22 4 Cheshvan | 23 5 Cheshvan | 24 6 Cheshvan | | | | | | |
| Rosh Chodesh Cheshvan | Rosh Chodesh Cheshvan | | | | | | | | | | | |
| | | | | | 5:39 | | | | | | | |
| 25 ^{7 Cheshvan} | 26 8 Cheshvan | 27 9 Cheshvan | 28 ^{10 Cheshvan} | 29 ^{11 Cheshvan} | 30 12 Cheshvan | 31 ^{13 Cheshvan} | | | | | | |
| | | | | | | | | | | | | |
| | | | | | 44 | | | | | | | |
| | | | | | 5:28 | | | | | | | |
| November 2009 - C | heshvan -Kislev - 5770 | Novemb | er/Novem | bre 2009 | 5:28 | | | | | | | |
| November 2009 - C SUNDAY DIMANCHE | | Novemb TUESDAY MARDI | er/Novem | ore 2009 THURSDAY JEUDI | FRIDAY VENDREDI | SATURDAY SAMEDI | | | | | | |
| SUNDAY | MONDAY LUNDI | TUESDAY MARDI | WEDNESDAY | THURSDAY JEUDI | FRIDAY VENDREDI | SATURDAY SAMEDI 7 20 Cheshvan | | | | | | |
| SUNDAY DIMANCHE | MONDAY LUNDI | TUESDAY MARDI | WEDNESDAY MERCREDI | THURSDAY JEUDI | FRIDAY VENDREDI | SAMEDI | | | | | | |
| SUNDAY DIMANCHE | MONDAY LUNDI | TUESDAY MARDI | WEDNESDAY MERCREDI | THURSDAY JEUDI | FRIDAY VENDREDI 6 19 Cheshvan | SAMEDI | | | | | | |
| SUNDAY DIMANCHE 1 14 Cheshvan | MONDAY LUNDI | TUESDAY MARDI | WEDNESDAY MERCREDI | THURSDAY JEUDI | FRIDAY VENDREDI 6 19 Cheshvan | SAMEDI | | | | | | |
| SUNDAY DIMANCHE 1 14 Cheshvan | MONDAY LUNDI 2 15 Cheshvan | TUESDAY MARDI 3 16 Cheshvan | WEDNESDAY MERCREDI 4 17 Cheshvan | THURSDAY JEUDI 5 18 Cheshvan | FRIDAY VENDREDI 6 19 Cheshvan | 7 20 Cheshvan | | | | | | |
| SUNDAY DIMANCHE 1 14 Cheshvan | MONDAY LUNDI 2 15 Cheshvan | TUESDAY MARDI 3 16 Cheshvan | WEDNESDAY MERCREDI 4 17 Cheshvan | THURSDAY JEUDI 5 18 Cheshvan | FRIDAY VENDREDI 6 19 Cheshvan 11 4:18 13 26 Cheshvan | 7 20 Cheshvan | | | | | | |
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| SUNDAY DIMANCHE 1 14 Cheshvan 8 21 Cheshvan | MONDAY LUNDI 2 15 Cheshvan 9 22 Cheshvan | TUESDAY MARDI 3 16 Cheshvan 10 23 Cheshvan 17 30 Cheshvan Rosh Chodesh | WEDNESDAY MERCREDI 4 17 Cheshvan 11 24 Cheshvan 18 1 Kislev Rosh Chodesh | THURSDAY JEUDI 5 18 Cheshvan 12 25 Cheshvan | FRIDAY VENDREDI 6 19 Cheshvan 1 4:18 1 3 26 Cheshvan | 7 20 Cheshvan 14 27 Cheshvan | | | | | | |
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| December 2009 - Kislev -Tevet - 5770 December/Décembre 2009 | | | | | | | | | | | | | |
|---|---------------------------|--------------|---------------------------|--------------|----------------------------|-----------------------------------|----------------------------|-------------|----------------------------|-------------------------|--------------------------|------------------------|----------------------------|
| SUN | NDAY NCHE | MO | NDAY JNDI | TU | ESDAY IARDI | WEDNESDAY THURSDAY MERCREDI JEUDI | | | JRSDAY EUDI | FF | RIDAY IDREDI | SATURDAY SAMEDI | |
| | | | | 1 | 14 Kislev | 2 | 15 Kislev | 3 | 16 Kislev | 4 | 17 Kislev | 5 | 18 Kislev |
| 6 | 19 Kislev | 7 | 20 Kislev | 8 | 21 Kislev | 9 | 22 Kislev | 10 | 23 Kislev | 11 Chanuk 11 3:53 | 24 Kislev ah 1 candle | 12 Chanul | 25 Kislev cah 2 candles |
| 13 Chanuk | 26 Kislev ah 3 candles | 14 Chanuk | 27 Kislev ah 4 candles | 15 Chanul | 28 Kislev kah 5 candles | 16 Chanu | 29 Kislev kah 6 candles | 17 Chanu | 30 Kislev kah 7 candles | 18 | 1 Tevet nodesh Tevet | 19 Chanuk | 2 Tevet ah 8 th Day |
| 20 | 3 Tevet | 21 | 4 Tevet | 22 | 5 Tevet | 23 | 6 Tevet | 24 | 7 Tevet | 25 ## 3:58 | 8 Tevet | 26 | 9 Tevet |
| 27 | 10 Tevet | 28 | 11 Tevet | 29 | 12 Tevet | 30 | 13 Tevet | 31 | 14 Tevet | | | | |
| Janvie | r 2010 - Tevel | t - Sh'vat - | 5770 | | Janua | ıry/J | anvier | 201 | 0 | | | | |
| | NDAY NCHE | | NDAY JNDI | | ESDAY IARDI | | NESDAY ICREDI | THL J | JRSDAY EUDI | | RIDAY IDREDI | | URDAY MEDI |
| | | | | | | | | | | 1 4:03 | 15 Tevet | 2 | 16 Tevet |
| 3 | 17 Tevet | 4 | 18 Tevet | 5 | 19 Tevet | 6 | 20 Tevet | 7 | 21 Tevet | 8 | 22 Tevet | 9 | 23 Tevet |
| 10 | 24 Tevet | 11 | 25 Tevet | 12 | 26 Tevet | 13 | 27 Tevet | 14 | 28 Tevet | 15 # 4:19 | 29 Tevet | 16 Rosh (Sh'vat | 1 Sh'vat Chodesh |
| 17 | 2 Sh'vat | 18 | 3 Sh'vat | 19 | 4 Sh'vat | 20 | 5 Sh'vat | 21 | 6 Sh'vat | 22 # 4:28 | 7 Sh'vat | 23 | 8 Sh'vat |
| 24 31 | 9 Sh'vat 16 Sh'vat | 25 | 10 Sh'vat | 26 | 11 Sh'vat | 27 | 12 Sh'vat | 28 | 13 Sh'vat | 29 ## 4:38 | 14 Sh'vat | 30 Tu B'S | 15 Sh'vat Sh'vat |



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|--------------------|----------------------|---------------|-----------------------|-----------------------|--------------------|--------------|-----------------|---------------|-------------------|--------------|-----------------|-----------------------|---------------|-------------------|--|--------------------|--|--------------------|--|
| February : | 2010 - Sh' | 'vat - Ada | r - 5770 | | Febru | ary/ | Févrie | 1 201 | 0 | | | | | | | | | | |
| SUNDA DIMANC | | | MONDAY LUNDI | | | | | | | | | WEDNESDAY MERCREDI | | THURSDAY JEUDI | | FRIDAY VENDREDI | | SATURDAY SAMEDI | |
| | | 1 | 17 Sh'vat | 2 | 18 Sh'vat | 3 | 19 Sh'vat | 4 | 20 Sh'vat | 5 11 4:48 | 21 Sh'vat | 6 | 22 Sh'vat | | | | | | |
| 7 23 | 3 Sh'vat | 8 | 24 Sh'vat | 9 | 25 Sh'vat | 10 | 26 Sh'vat | 11 | 27 Sh'vat | 12 # 4:58 | 28 Sh'vat | 13 | 29 Sh'vat | | | | | | |
| 14 3 Rosh Chode | 0 Sh'vat esh Adar | 15 Rosh C | 1 Adar hodesh Adar | 16 | 2 Adar | 17 | 3 Adar | 18 | 4 Adar | 19 # 5:08 | 5 Adar | 20 | 6 Adar | | | | | | |
| 21 | 7 Adar | 22 | 8 Adar | 23 | 9 Adar | 24 | 10 Adar | 25 Fast of | 11 Adar Esther | 26 # 5:18 | 12 Adar | 27 | 13 Adar | | | | | | |
| 28 1 | 4 Adar | | | | | | | | | | | | | | | | | | |
| March 201 | 10 - Adar | - Nisan - 8 | 5770 | | Mai | rch/i | Mars 2 | 010 | | | | | | | | | | | |
| SUNDA | | | NDAY JNDI | | ESDAY IARDI | | NESDAY CREDI | | IRSDAY EUDI | | RIDAY IDREDI | SAT SA | URDAY MEDI | | | | | | |
| | | 1 | 15 Adar hanPurim | 2 | 16 Adar | 3 | 17 Adar | 4 | 18 Adar | 5 # 5:28 | 19 Adar | 6 | 20 Adar | | | | | | |
| 7 2 | 1 Adar | 8 | 22 Adar | 9 | 23 Adar | 10 | 24 Adar | 11 | 25 Adar | 12 # 5:37 | 26 Adar | 13 | 27 Adar | | | | | | |
| 14 | 28 Adar | 15 | 29 Adar | 16 Rosh (Nisan | 1 Nisan Chodesh | 17 | 2 Nisan | 18 | 3 Nisan | 19 # 6:47 | 4 Nisan | 20 # 7: | 5 Nisan | | | | | | |
| 21 | 6 Nisan | 22 | 7 Nisan | 23 | 8 Nisan | 24 | 9 Nisan | 25 | 10 Nisan | 26 # 6:56 | 11 Nisan | 27 | 12 Nisan | | | | | | |
| 28 1 | 3 Nisan | 29 Erev Pe | | 30 Pesac 11 8:0 | | 31 Pesach | 16 Nisan II | | | | | | | | | | | | |



JEWISH HOLIDAYS

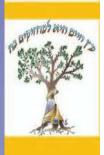












ROSH HASHANA: September 19-20, 2009

The first day of Tishri, marks the beginning of a New Year. The celebration of this holiday is marked with solemnity, as it is the anniversary of the creation of the world. G-d judges all of his creations on this day and decides on their fate for the coming year.

YOM KIPPUR: September 28, 2009

This day is the holiest day of the year. On this day, G-d seals our fate for the coming year. The Yom Kippur fast is the strictest of the entire year, it lasts from sundown on the eve of Yom Kippur till nightfall the following night. It is also customary to recite prayer, in which you state that you forgive anyone whom may have sinned against you in any way.

SUKKOT: October 3, 2009

A holiday of happiness, in part due to the celebrations surrounding the harvest. The unique observances for this holiday are the taking of the Four Species and dwelling in a Sukkot.

SIMCHAT TORAH: October 11, 2009

Which means "Celebration of the Torah" is a day of rejoicing on the completion of the cycle of Torah readings.

CHANUKAH: December 12-19, 2009

Marks the miraculous victory of the Jews, led by the Maccabees, against Greek suppression of Judaism. The famous Miracle of Chanukah took place. Part of the Temple service is the lighting of the Menorah. This requires ritually pure olive oil. Due to the Greek desecration of the Temple, no such oil could be found except for one small container which contained enough oil to last one day. The Jews used this oil for the first day and it miraculously lasted for the full eight days that was needed.

TU BISHVAT: January 30, 2010

Marks the beginning of the New Year for trees. It is customary to plant trees and partake of the fruits of the land of Israel.

PURIM: February 28, 2010

Is the holiday which commemorates the miraculous salvation of the Jews recorded in Megillat Esther, which took place during the period of the Babylonian exile. As the Megillah tells us, King Achashveirosh had an advisor, Hamman, who plotted against the Jews. His plans were foiled by the efforts of the righteous Mordechai and Esther.

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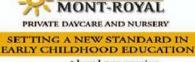


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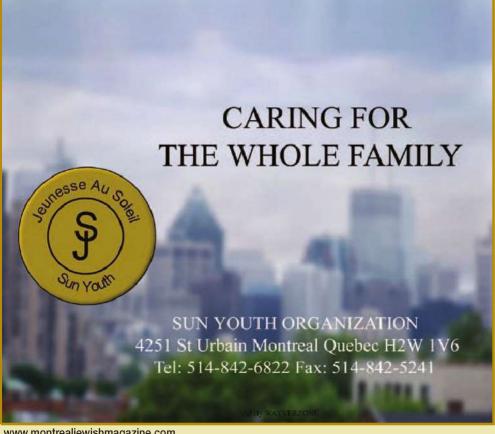
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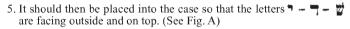
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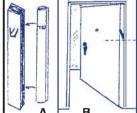


YOUR NEW MEZUZAH!

Here are some of the basic laws pertaining to affixing a Mezuzah. If you have any special questions, please consult your local Rabbi.

- 1. Mezuzot are necessary for the doorways of each room as well as for hallways, whether for the home or business, either owned or rented.
- 2. Rooms which require Mezuzos may include attics, basements, laundry rooms, garages, walk-in closets, etc.... (excluding bathrooms).
- Once a Mezuzah is put up, it must remain up! Even if the occupant moves, they must leave the Mezuzah on, unless they know the newcomers are non-Jews.
- 4. The Mezuzah should be rolled with care from the left side to the right (so that the letters ar owing on the outside) and then wrapped in wax paper.





- 6. The case should be affixed to the right side of the doorpost (on the "entrance" side of the room) a third of the way down, and slanted top-side inward. (See Fig. B)
- 7. Before affixing the Mezuzah, the following Bracha should be made: ברוך אתה ה'אלקינו מלך העולם אשר קרשנו במצותיו וצונו לְקְבּוֹעַ מוויה

Hebrew Transliteration: Boruch Ato A-do-nai Elo-heinu Melech Ho-olom asher kidshonu b'mitzvotov v'tzivonu likboa Mezuzah.

SHABBOS CANDLES

Guidelines and Instructions: A married woman customarily lights two candles and may add an additional one for each of her children. Single women light one candle. As soon as a young girl can grasp the idea of Shabbat and can recite the blessing (approximately 3 years old), her mother should provide her with a candlestick and teach her to kindle the Shabbat lights. The child should light before her mother in case she needs assistance. It is customary to put a few coins in a 'pushka' (charity box) *before* lighting candles. The correct time to light the Shabbat candles is 18 minutes before sunset every Friday. Young girls should light just prior to this time.

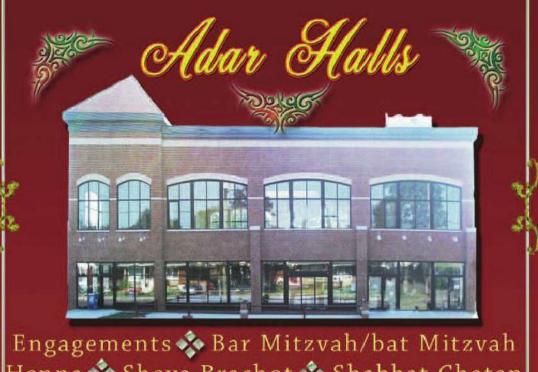


Shabbat Lighting: First light the candles. Then spread your hands out around the candles drawing your hands inward in a circular motion three times to indicate the acceptance of the sanctity of Shabbat. You then cover your eyes and recite "Bo-ruch following blessing. A-toh Ado-noi E-lo-hei-nu Me-lech Ho-lom Ki-de-sha-nu Be-metz-vo-sov Vi-tzi-vo-nu Le-had-lik Ner Shel Sha-bos Ko-desh." (Blessed are You, L-rd our G-d, King of the Universe, who has hallowed us through His commandments, and has commanded us to kindle the lights of the holy Shabbat.) Uncover your eyes and behold the Shabbat lights. The time of lighting is considered especially propitious for praying to G-d for health and happiness. The prayer is readily acceptable because it is offered during the performance of this great mitzvah of lighting Shabbat candles. Caution: Shabbat candles must be lit before sunset. It is a desecration of the Shabbat to light candles after sunset.

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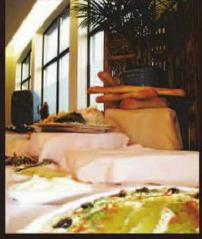
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- · Have a MEZUZAH on the doorpost of every room.
- Males 13 & over put on TEFILLIN every weekday.
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Fish "à l'Orange"

3 Oranges, juiced

1 1/2 tsps.crushed dried tarragon

1/8 tsp ground cumin

1 tsp. Dijon mustard

1 tsp. lime juice

1 tsp. chopped fresh cilantro

1 1/2 lbs. Halibut

1 tbsp. chopped fresh parsley



In a small bowl, whisk together orange juice, lime juice, tarragon, cilantro and cumin. Pour over fish in a glass baking dish. Marinate in the refrigerator for 30 minutes. Preheat broiler. Line a broiling pan with aluminum foil. Remove fish from marinade, reserving marinade. Place fish on a broiling pan and cook 4 to 5 inches from heat, about 5 minutes per ½ inch thickness. Meanwhile, in a small saucepan, heat reserved marinade over medium heat until reduced by half. Remove from heat. Stir in mustard and any juices from broiled fish. Pour over fish, garnish with parsley and serve. Makes 4 savings.

Hanukkah Fritters

2 envelopes active dry yeast
2 cups all purpose flour
1 tsp. salt
1 cup raisins
1 cup lukewarm water
2 tsps. anise seeds
2 tsps. Vegetable oil
Vegetable oil for frying

For The Glaze: 1 ½ cups honey 2 tbsps. lemon juice



Dissolve the yeast in the lukewarm water and let stand until foamy, about 5 minutes. Combine the flour, anise seeds and salt in a large bowl. Slowly add the yeast mixture and the 3 tbsps. oil. Mix with a wooden spoon until dough is formed, then turn out onto a work surface and knead until the dough is formed, then turn out onto a work surface until the dough is smooth and elastic. Sprinkle the raisins over the dough and knead them in. Return the dough to a clean bowl, cover with a clean dish towel and let rise in a warm place until the dough doubles in bulk, about 1 hour. Turn the dough out onto the work surface and flatten it until it is about ½ inch thick. Let it rest, uncovered, about 15 minutes. With a sharp knife cut it into 36 diamonds. Pour at least 3 inches of oil into a deep pot. Heat the oil to 350 degrees: a cube of bread tossed in will brown quickly. Fry the diamonds several at a time, turning so they are golden on both sides. Remove with a slotted spoon and drain on paper towels. Prepare the glaze: Heat the honey and lemon juice in a small sauce pan and boil 3 minutes. Arrange the fritters on a serving plate and drizzle the hot honey mixture over them. Serve immediately.

YIDDISH EXPRESSIONS

YIDDISH EXPRESSIONS

| Alevei! | | |
|--|------------|--|
| lter kockerAn old person who looks old (obviously.) | | |
| shkenazi | | |
| Roll with a hole in the middle. | | |
| BalebatishAn excellent homemaker. A true Jewish Princess | ! | |
| BashayrtMeant to be | ; . | |
| Bissel | | |
| BlintzPancake filled with cream cheese | ÷. | |
| Borscht Belt | e ite. | |
| Boychik | 7. | |
| BrochehBlessing. There is a different one for every situation | ١. | |
| BroygesAn argument with bad feeling | ·,• | |
| BubbehGrandmother | :. | |
| Bubbeh-mysehMake-up story | 7. | |
| BupkehNothing | Ţ. | |
| Chaileshem |) | |
| ChallishTo want something, as in "I Challish for it!" | • | |
| Chanukah | | |
| ChasidMember of an orthodox religious sect | | |
| Chazzen | ;. | |
| ChazerBeing greedy | 7. | |
| ChederA school where children learn about the Jewish Religion | ١. | |
| Chochem | ١. | |
| CholentMeat stew that is cooked overnight | ·. | |
| ChotchkehKnick-knack | | |
| ChraynHorseradish sauce. Delicious hot red sauce that accompanies fish | ١. | |
| Chuppah | 7. | |
| ChutzpahNervy | 7. | |
| Doven Pray | 7. | |
| Drek | 7. | |
| Farbissener | ١. | |
| Farklempt | ι. | |
| Farshtaist | ١. | |
| Farshtunkiner | 7. | |
| FlayshedikKosher meat dishes | ·. | |
| Fliegel | ζ. | |
| Forshpeise | | |
| Fress Eat a lot | | |
| FrumReligious person | ١. | |
| Courtesy of the Montreal Jewish Magazin | е | |

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Agudath Israel of Montreal

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Anshei Israel

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High Holy Day services only 4635 18th Street Laval West, Qc. H7R 2P8 Mailing address: 4106 MacKenzie (450) 688-4888 Mr. Mendel Burgida

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136 Westpark Blvd. D.D.O., Qc. H9A 2K2 (514) 683-5610 Fax: (514) 683-1867 Rabbi Dr. Mordecai Zeitz

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5740 Hudson Ave. Côte St. Luc, Qc. H4W 2K5 (514) 489-8411 Fax: (514) 489-3151 Rabbi Ira Ebbin

Chevra Mishnais Jacob Joseph

715 du Sablon Chomedey, Qc H7W 4H5 (450) 681-1117 info @jacobjoseph.com www.jacobjoseph.com President: Stan Plant

Congregation Beth Hillel

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Congregation Beth Ora

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Congregation Chevra Kadisha B'Nai Jacob Beth Hazichoron

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Congregation Gate David of Bobov

5363 Hutchison Montreal, Qc. H2V 4B4 (514) 271-5840 Rabbi Chaim Goldberg

Congregation Machzikei Torah of Montreal

1075 Bernard West Outremont, Qc. H2V 1V1 (514) 274-0564 Rabbi Leib Klein

Congregation Shomrim Laboker Beth Yehuda Shaare Tefillah

5150 Plamondon Ave. Montreal, Qc. H3W 1G1 (514) 731-6831 Fax: (514) 731-9399 Rabbi Martin Penn, Rabbi Yonah Rosner

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5555 Hutchison Montreal, Qc. H2V 4B5 (514) 272-2757 Rabbi David Meisels

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218 Mirabel D.D.O., Qc. H9A 3J5 (514) 624-7708 Fax: (514) 624-7708 Rabbi Yehoshua Yarmush

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3755 Côte Ste. Catherine Rd. Montreal, Qc. H3T 1E2 (514) 340-8222 Fax: (514) 340-7510

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6405 Westbury Ave. Montreal, Qc. H3W 2X5 (514) 735-2201 Fax: (514) 345-0275

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6700 Côte-des-Neiges, Room 218 Montreal, Qc. H3S 2B2 Tel.: (514) 342-4969 Rabbi Chaim Shlomo

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4902 Lacombe Ave. Montreal, Qc. H3W 1R7 (514) 738-3969 Fax: (514) 738-7673 Rabbi Leib Baron

Montreal Torah Center

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120 de Courtrai #170 Montreal, Qc H3W 1A7 (514) 344-2424 Fax: (514) 344-1700 E-mail: chaicenter@ca.inter.net www.thechai.com Rabbi Naftali Perlstein, Rabbi Yossi Kessler

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1025 Elizabeth Blvd. Chomedey, Qc. H7W 3J7 (450) 681-2571 Fax: (450) 681-3588 Rabbi Zalman Stiefel

Young Israel Montreal

6235 Hillsdale Rd. Montreal, Qc. H3S 2M8 (514) 737-6589 Fax: (514) 737-5488 Rabbi Harry J. Kaufman

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House of Israel

31 Albert Street, P.O. Box 293 Ste. Agathe des Monts, Qc. J8C 1Z6 (819) 326-4320 Rabbi Emanuel Carlbach

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South Shore Jewish Community

Synagogue/Social Centre 50 Taschereau Blvd. La Prairie, Qc. J5R 4V3 Mailing Address: P.O. Box 50547, 8230 Taschereau Blvd. Brossard, Qc. J4X 2V7 (514) 769-5011 Fax: (514) 769-5011 Web Site: www.cjrs-ssjc.com

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4880 Notre Dame Chomedey, Qc. H7W 1V4 (450) 688-8100 Fax: (450) 688-8100 Rabbi Mark D. Friedman

Shaare Zedek Congregation

5305 Rosedale Ave. Montreal, Qc. H4V 2H7 (514) 484-1122 Fax: (514) 484-1454 Rabbi Alan Bright

Shaare Zion Congregation

5575 Côte St. Luc Rd. Montreal, Qc. H3X 2C9 (514) 481-7727 Fax: (514) 481-1219 Rabbi Lionel E. Moses

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5480 Westbury Montreal, Qc. H3W 2W8 (514) 735-5565 Fax: (514) 739-8366

Centre Communautaire Sépharade de Chomedey

675 Du Sablon Chomedey, Qc. H7W 4H5 Rabbi Banon, Res.: (450) 681-5412 (450) 682-6179

Communauté Sépharade Hékhal Shalom

825 Gratton Street St-Laurent, Qc. H4M 2G8 (514) 747-4530 Rabbi Ronen A. Abitbol

Communauté Sépharade de Laval

4860 Notre Dame Blvd. Chomedey, Qc. H7W 1V4 (450) 682-6606 Fax: (514) 937-8860 Rabbi Moshe Nahon

Communauté Sépharade Petah Tikvah Hazan Sion Chriqui

2650 St. Louis Street St. Laurent, Qc. H4M 1P8 (514) 744-3434 Fax: (514) 744-3958

Communauté Sépharade du Québec

1 Cummings Square Montreal, Qc. H3W 1M6 (514) 733-4998 Fax: (514) 733-3158 Maurice Anselem

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5750 Parkhaven C.S.L., Qc. H4W 1X5 (514) 488-1632 Fax: (514) 488-5524 Rabbin Benoliel

Congrégation Sépharade Beth Rambam

5780 Westminster Côte St. Luc, Qc. H4W 2J7 (514) 481-7217 Fax: (514) 481-7245 Rabbi Yaacov Levy (Mohel & Rabbinical Judge)

Congrégation Sépharade Beth Yossef

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Congregation Sépharade Kol Yehoudah

6501 Baily Rd. Cote St. Luc, Qc. H4V 2T6 (514) 481-4859 Fax: (514) 481-5064 Rabbi Armand Moyal

Congregation Sépharade Maghen David

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5700 Einstein Côte St. Luc, Qc. H4W 1V3 (514) 489-1301 Fax: (514) 488-2645 Rabbi Dr. Moïse Ohana

Congregation Sepharade Sede Itzak

2615 Van Horne, #205 Montreal, Qc. H7W 3J7 (514) 340-9745 Mr. Daniel Toledano

Merkaz Sépharade

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Nahar Shalom

222 Harrow Crescent Hampstead, Qc H3X 3X6 (514) 485-9887 Rabbi Cohen

Netivot Haim

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Rabbinat Sépharade du Québec

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Spanish & Portuguese Congregation

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Synagogue Or Shalom

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Dorshei Emet Reconstructionist Synagogue

18 Cleve Rd. Hampstead, Qc. H3X 1A6 (514) 486-9400 Fax: (514) 486-5442 Rabbi Ron Aigen

REFORM SYNAGOGUE

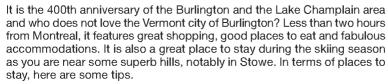
Temple Emanu-El-Beth Sholom

4100 Sherbrooke Street West, Montreal, Qc. H3Z 1A5 (514) 937-3575 Fax: (514) 937-7058 Rabbi Leigh Lerner

Courtesy of The Montreal Jewish Magazine

THE RESERVE AND ADDRESS OF THE PARTY OF THE

BURLINGTON/LAKE CHAMPLAIN:





DOUBLETREE:

The Doubletree Hotel Burlington (www.doubletree1.hilton.com) is just off I-89 and US-2 and conveniently nestled between Burlington International Airport (BTV) and downtown Burlington,

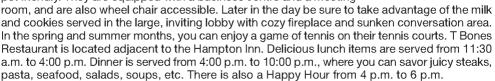


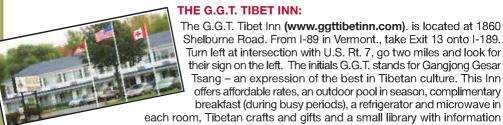
where there is access to all your shopping needs. All standard guestrooms include the Sweet Dreams bed, coffeemaker, hairdryer, iron and ironing board, refrigerator, easy chair, in-room remote printing, Lodgenet with web access and Game Cube, speakerphone and complimentary wireless high speed internet access. Suites include a fully equipped kitchenette. The comfortable large lobby has a fireplace to warm up to after a day out at the slopes or shopping. There is a heated indoor pool and a wonderful restaurant where you should definitely book a Sunday brunch! General Manager Rick Milliken has been in the local hotel industry for 31 years and converted the hotel from a Clarion to a Doubletree in 2005, at which

time 33 suites were constructed. "We get a lot of Montrealers," he says. "Those that come for a weekend, a few days or during the holiday periods and those who stay over to catch a flight. You can leave your car here for two weeks and we only charge \$25."

THE HAMPTON INN:

The Hampton Inn in nearby Colchester, Vermont (http://hamptoninn1.hilton.com) on Lower Mountain View Drive offers complimentary high-speed internet access in every guest room. There are 187 of them to choose from, which include 1 bedroom suites with kitchenettes. In addition, there is a heated indoor saltwater pool, a fitness room and complimentary breakfast - a Hampton Inn staple. For families, the hotel is kid-friendly, as they supply cribs and high chairs for traveling families, as well as pet friendly. They are equipped with a business centre and a meeting





THE G.G.T. TIBET INN:

The G.G.T. Tibet Inn (www.ggttibetinn.com). is located at 1860 Shelburne Road. From I-89 in Vermont., take Exit 13 onto I-189. Turn left at intersection with U.S. Rt. 7, go two miles and look for their sign on the left. The initials G.G.T. stands for Gangjong Gesar Tsang - an expression of the best in Tibetan culture. This Inn offers affordable rates, an outdoor pool in season, complimentary breakfast (during busy periods), a refrigerator and microwave in

about Tibet. In front of the inn you will find a colourful display of prayer flags - they offer wishes of good luck and blessings to all their guests. The owner, Kalsang G.G.T., who was raised in Eastern Tibet, promises a taste of traditional Tibetan hospitality.

CAFÉ SHELBURNE:

As for dining, Café Shelburne (www.cafeshelburne.com) is located in the village of Shelburne, across from the Shelburne Museum. This friendly and contemporary French restaurant is owned and operated by Christine and Chef Patrick Grangien. Chef Grangien trained with three star rated chefs in France and is winner of the taste of Vermont Grand award two years in a row, and of the National Seafood Challenge in Charleston, South Carolina. Be sure to try their mouth-watering rack of lamb, magret de canard or their mouth-watering filet mignon beef



tenderloin roasted with shallots in a port wine reduction sauce. The Café Shelburne offers an extensive wine list that includes 200 wines from California and France. It is open Tuesday through Saturdays and closed on Sundays and Mondays, except during graduation and foliage seasons. Reservations are advisable.

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A LOOK AT MAINE:

Jewish tourists feel very much at home when visiting the Southern Maine Beaches area. And year after year, they do so

in droves. The Portland (www.portlandmaine.com) area alone is home to seven synagogues. The Embassy Suites Portland, Maine hotel (www.portland.embassysuites.com), which recently completed phase two of a multi-million dollar renovation, with the construction of all new guest suites, a revitalized lobby/atrium and restaurant, has been the site of many bar and bat mitzvah receptions and it is a favourite spot for out of towners because of its location virtually within the airport. Those keeping kosher can get their groceries at the kosher section of the large Shaw's supermarket nearby and use the fridge and microwave in the room.

Kennenbunkport is perhaps best known as the summer home of former American President George Bush Sr. The Kennenbunkport Inn (www.kennebunkportinn.com) is the place to stay. Those keeping kosher should ask for a Wharfside family suite, which is large enough to fit at least six people. It features standard rental style furnishings, three bedrooms, a large living room with sleeper sofas, kitchen facilities and a private bath. There is a delicious complimentary deluxe continental breakfast served each morning and private off-street parking. There are no kosher restaurants here, but Bartley's Dockside Dining (www.bartleysdining.com), a moment's walk from the Kennebunkport Inn at 4 Western Avenue and Mabel's at 124 Ocean Road each have a plethora of fish options. At Mabel's my family met award winning Jewish composer Marvin Hamlisch.

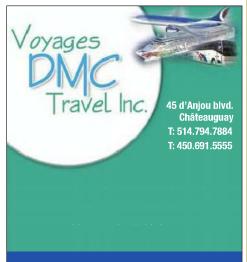


In Old Orchard Beach visit the Jewish-owned Palace Playland (www.palaceplayland.com), New England's only beachfront amusement park. Ogunquit (www.oguinquit.org) is the home of the Ogunquit Playhouse (ogunquitplayhouse.org), which continues to create some of the most vibrant and exciting summer theatre in the country. If you are looking to catch a quick dinner before the show, then make stop at the Old Village (www.theoldvillageinn.net) at 250 Maine Street.

NEW HAMPSHIRE:

If you are looking for the ideal winter accommodations for the family when the snow begins to fall, I strongly recommend the Best Western Red Jacket Mountain View Resort (www.redjacketmountainview.com) in North Conway, New Hampshire noted for its amazing indoor water park. Up the street is Merlino's Steakhouse (www.merlinosteakhouse.com),

a great spot to eat. Manchester (www.manchestercvb.com) is only 58 miles from Boston. We stayed at the Highlander Inn (www.highlanderinn.com) near the airport and close to the large Mall of New Hampshire.



Mike Cohen's email address is info@mikecohen.ca.

Log on to his travel advice column at www.sandboxworld.com/travel.

DISCOVER THE HERITAGE OF GREEK JEWRY: ATHENS AND BEYOND By Nan Snipper

Who would have thought that Jews jostled with Aristotle and Plato in the Athenian agora, a meeting hub bustling with citizens and slaves? One such slave etched his name on a sign post in Oropis near Athens. It reads: "Moschos, son of Moschion, the Jew." His signature dates from 300-250 BC! Fast forward to 500 AD, and ponder the menorah in Pentelic marble also found in the agora's synagogue. Jews have been in Greece for over 2, 350 years, so tracing their legacy is rewarding.

Jews Journeyed and You can too:

Take a pleasant ferry ride to nearby Aegina Island. There you'll find the mosaic remnants of a synagogue floor built during the 1st century AD. Further sea bound lies the archeological haven of Delos. Still strutting temples that attest to Athenian might in the Golden Age, Delos doubled as treasury for all-powerful Athens. Discovered here was the Throne of Moses - a high back marble synagogue seat that dates from the 1st century Menorah carved on marble found in Ancient Agora of BC!



2000 Jews in Thebes during the 12th century! Ioannina, Trikala, Rhodes, Volos, Larissa, Chalkis and Patras (it's synagogue is housed inside Athens' Jewish Museum) were seminal places for Jewish business and learning where synagogues and schools flourished (a scant few remain; visiting them is an insightful experience). Paul the Apostle who preached in synagogues in Macedonia's Veroia as well as in Athens and Corinth spoke of the predominance of Jews in Greece. His beliefs did not go down well in Thessalonki's synagogues in the winter of 54 AD. He was kicked out on the third day.

Throne of Moses in the Synagogue of Delos from 1 * Century

Athens, 500 CE

Getting the Complete Picture:

Exploring Jewish sites is a grand quest. Get started at the Athens Jewish Museum (39 Nikis Street). Founded by the remarkable scholar Nikos Stavroulakis in 1977, this lovely museum embodies his lifelong research. 8000 Jewish artifacts from antiquity to the present are intimately displayed. Timeworn objects, costumes, personal memorabilia, testimonies and photographs visually tell the story of Judeo-Greek history, culture and religion. Educational and fascinating, its six hexagonal floors comprise thematic displays of ante nuptial contracts, relics, clothing, textiles and household objects used in daily Jewish life. Particularly moving is the fourth floor Shoah exhibit. It tangibly recreates the fear and Interior of Etz-Hayyim Synagogue, Chania, Crete

confusion victims felt through the clothing on display. Sadly they rest – their owners gone. Tragically 86% of the population was wiped out during the Holocaust. In contrast are joyful neighborhood testimonies projected onto photo screens depicting happier times...Today, there are nine communities comprising 5,000 Jews; 3,000 live in Athens where there are 2 synagogues on Meladoni Street.

Thinking about Thessaloniki:

32 synagogues once dotted Thessaloniki. Nikos Stavroulakis is Curatorial Director and advisor to the city's Jewish Museum. The expulsion of the Spanish Jews in 1492 brought

20,000 Sephardim to this lovely Macedonian capital. Between the 16th and 18th centuries, their numbers swelled to 50,000. Here, Jews started the first printing press and eventually launched their own paper, El Lunar. Thessaloniki was rightfully called the Mother of Israel.

Plaka after Prayer:

History and hunger cravings converge at Plaka -Athens' oldest neighborhood. Only ten minutes away from centrally located Syntagma Square, Plaka welcomes both observant and non-observant Jews past and present. You can also pick up some great souvenirs as you head for Plaka's countless steps, bordered by



EDITORIA

tavernas, ouzeries and restaurants. The colourful ascent is well worth the climb (not as difficult as climbing up to the acropolis). Bazouki music fills the air along with garlicky flavours from spanokapita (spinach pie), tiropita (Greek version of a cheese blintz), lamb souvlaki, moussaka, and more. Vegetarians head for Eden Restaurant (12 Lissiou Street). Its hip 1920's décor and delicious dishes of organically grown grains, herbs and veggies attract the Euroglam crowd. Then meander into the nearby maze of Monasteraki, a lively flee market where Jews from once hawked their wares.

Going for the gold: Ilias Lalaounis:

Head for Ilias Lalaounis's store at 6 Panepistimiou. As Athens' most renowned 22-carat-gold jeweler, this genius has created over 50 collections including 'Golden Memories of the Holy Land'. Featuring incomparable pieces inspired by Jerusalem's history, nature and motifs, it was exhibited in Israel some years ago. Lalaounis's dazzling museum located below the Theatre of Dionysos at 12 Karyatidon Street displays 4000 pieces of gold jewelry - designs that mesmerize the imagination, as history, biology and beauty converge into golden treasures.



Photo 2. Earrings inspired by the foliage-shaped decoration adorning a terracotta lamp of the 1st century A.D. (Mishna and Talmud period)

> Ilias Lalaounis Jewelry Museum Codes: JM 326201/95, JM 326231/95, JM 326251/95, JM 326221/95, JM 326211/95





Crete Calling: Time for a Visit:

Greece's largest and most visited island was the birthplace of the writer Nikos Kanzantzakis and painter El Greco. In 420 AD, an infamous Moses imposter managed to convince Jews to turn in their valuables and throw themselves into the sea. He reneged on his promise to lead Jews back to the Holy Land. Despite the loss, Jews fared well in Crete. Indeed, the Roman historian Tacitus claimed Judean was a derivative of Idean – birthplace of

Cretan-born Zeus, and therefore the first Jews. By the 14th century, Heraklion's 400 Jewish families and four synagogues were thriving. Further west in Rethymon, the Venetians complained that of the 1,160 Jews living there, almost every one owned a store.

Jewish Legacy Lives in Hania:

This westernmost city gleaming with Italianate architecture fell under Venetian (1204-1646) and subsequent Turkish rule. In 1887, 1000 Jews had businesses in transport, cheese and wine making. Cretans said there were more rabbis and scholars in Hania than there were fish at its shore. Today, only seven Jews reside in Hania; five more elsewhere. Hania's Jews met a tragic end on May 29th, 1944. Over 300 Jews were rounded up from the Jewish Quarter tucked away in the old Town. They were put in prison, then shipped out to sea on the German ship Tanais. In June, it was sunk by the British; everyone perished.

One Man Makes A Miracle for Many:

This event is commemorated every June in Hania's holiest Jewish gem: Etz Hayyim Synagogue. Its quaint courtyard is tucked quietly within the Ovraiki (Jewish Quarter) at 26 Kondylaki Street. Aside from speaking at the ceremony, director Nikos Stavroulakis is responsible for its resurrection; it was basically in ruins. Etz Hayyim's volunteers of all denominations ensure its upkeep along with the weekly Shabbat service and Saturday prayer. In summer about 300 people step into its cozy16th century interior or repose in the small gardens. Brides step into Etz Hayyim's original, intact mikvah (bridal bath) – the oldest in Europe. A tribute to Jewish persistence and hands-on labour, Etz Hayyim gem has hosted seven international marriages since its reopening in October 1999, and there's been a Bar Mitzvah. Once home to Europe's oldest population of Jews arriving 2,400 years ago, Crete can say the Jews and friends once again have a place to worship. Etz Hayyim - Tree of Life reborn!

RECOMMENDED HOTELS- SUPERB SERVICE, LOCATION AND *ACROPOLIS VIEWS

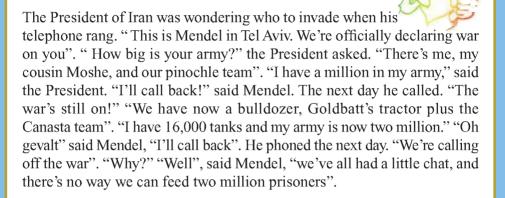
*Arion: www.arionhotel.gr at Monasteraki
*Austria: www.austriahotel.com at the foot of the Acropolis
Achilleas: www.Greece-Athens.com central at Syntagma Square
Talos Rooms: anastasia_ap@acn.gr near Etz Hayyim, Hania Crete
Air Transat: non-stop sleep-ease flights.

AIR TRANSAT HAS DIRECT FLIGHTS TO ATHENS FROM MONTREAL.

JEWISH HUMOUI

A Chuckle

A Treasury of Jewish Humor



Two astronauts land on Mars. Their mission: to check whether there is oxygen on the planets. "Give me the box of matches," says one. Either it burns and there is oxygen, or nothing happens. He takes the box and is ready to strike a match when, out of the blue, a Martian appears waving all his arms. "No, no don't". The two guys look at each other, worried. Could there be an unknown explosive gas on Mars? Still, he takes another match and a crowd of hysterical Martians are coming all waving their arms. "No, no don't do that". One of the astronauts says, "This looks serious. What are they afraid of? Nonetheless we're here for science, to know if men can breathe on Mars". So he strikes a match, which flames up, burns down and nothing happens. So he turns to the Martians and asks, "Why did you want to prevent us from striking a match?" The leader of the Martians says "It's Shabbos, you idiot"

Arthur is 90 years old. He's played golf every day since his retirement 25 years ago. One day he arrives home looking downcast.

"That's it," he tells his wife. "I'm giving up golf. My eyesight has gotten so bad that once I've hit the ball, I can't see where it went."

His wife sympathizes and makes him a cup of tea. As they sit down, she says, "Why don't you take my brother with you and give it one more try?" "That's no good," sighs Arthur. "Your brother's a hundred. He can't help." "He may be a hundred," says the wife, "but his eyesight is perfect."

So the next day, Arthur heads off to the golf course with his brother-in-law. He tees up, takes an almighty swing and squints down the fairway.

He turns to the brother-in-law. "Did you see the ball?"

"Of course I did!" replies the brother-in-law. "I have perfect eyesight."

"Where did it go?" asks Arthur.

"I don't remember."

JEWISH HUMOUR

| A bachelor is a man who direction. | comes to work each mor | ning from a different |
|------------------------------------|------------------------|-----------------------|
| Why are Jewish Men circu | | not 20% off. |

Why do Jewish divorces cost so much? They're worth it.

Where does a Jewish husband hide money from his wife? Under the vacuum cleaner.

A Rabbi approaches a guest in the Shul and says "I want to give you an Aliyah, what is your name?" The man answers, "Esther ben Moshe". The Rabbi says. "No I need your name"

"It's Esther ben Moshe," the man says.

'How can that be your name?"

The man answers, "I'm having financial problems, so everything is in my wife's name".

Morris and his wife Esther went to the State Fair every year. Every year Morris would say, "Esther I'd like to ride in that Helicopter" Esther always replied, "I know Morris, but that Helicopter ride is 50 Dollars and 50 Dollars is 50 Dollars". A few years later Esther and Morris went to the fair. Morris said "Esther I'm 85 years old if I don't ride that Helicopter now I might never get another chance." Esther replied, "Morris that Helicopter is 50 Dollars and 50 Dollars is 50 Dollars". The pilot overheard the couple. He said "Folks I'll make you a deal. I'll take the both of you for a ride. If you can stay quiet for the entire ride and not say a word, I won't charge you. But if you say one word, it's 50 dollars."

Morris and Esther agreed. And up they went .The Pilot did all kinds of fancy maneuvers. But not a word was heard. He did his daredevil tricks over and over again. But still not a word. When they landed, the pilot turned

to Morris and said, "I did everthing I could to get you to yell out, but you didn't. I'm impressed". Morris replied, "Well, I was going to say something when Esther fell out, but 50 Dollars is 50 Dollars".

DITORIAL

HISTORY OF JEWISH MONTREAL

by Joe King

Asked to define the essence of Jewish law, the rabbinic authority Hillel wrote:

If I am not for myself, who will be for me? And being for myself only, what am I?

Then he added:

Separate not thyself from the community.

Hillel was born in Babylon about a century before the destruction of the Temple (70 C.E.). But, despite the passage of more than 20 centuries, his wisdom is as relevant in this 21st century as it was then

The dozen pioneer Montreal Jews of the 18th century organized a synagogue in 1768—less than a decade after they began legal residence in Quebec. As a "Royal Province," New France barred all but Roman Catholics. The synagogue was the first agency to serve Jewish citizens. When one Jewish

citizen, the first merchant to venture into Michigan ,was kidnapped by Indians and French renegades, Montreal Jews passed the hat and paid the ransom.

However, the tiny community only began organizing itself, in a broad sense, to care for the less fortunate in 1864 when a man named L.L. Levey wrote a letter to "Jewish bachelors only" to attend a meeting "over Mr. Wright's store on Great St. James Street." The purpose of the meeting: "to consider the desirability of forming some association to assist their needy or unfortunate co-religionists."

The Young Men's Hebrew Benevolent Society (YMHBS) was formed. Six years later, the Society found it had to welcome "married co-religionists" as well.



L.L. Levey founded a Benevolent Society (From the Jew in Canada.)

Czar Alexander III

Montreal's problems exploded with the assassination of Russian Czar Alexander II. The Russian Secret Service (authors of the fictional and anti-Semitic Protocols of the Elders of Zion) told the new Czar, Alexander III "Jews" had murdered his father. The new head of Imperial Russia proclaimed that Imperial's 3,000,000 Jews would suffer for their crimes. (All four assassins, when found, were not Jews. The only Jew remotely involved was the woman who had rented a room to the quartet.) As a result of his policies, a million Jews were expelled from eastern Europe—and they found sanctuary in the New World—in the United States and Canada.

Montreal was faced with the impossible task of caring for thousands of destitute, often ailing Jews. On May 20, 1890, the President of the YMHBS, Harris Vineberg, desperately wrote the great Jewish philanthropist Baron Maurice de Hirsch.

Almost by return mail, the Baron (having lost both of his children, said "now the Jewish people will be my children.") sent a cheque for \$20,000. The YMHBS became the Baron de Hirsch Institute.



Harris Vineberg—he wrote in desperation for help for Jewish Montreal. (The Jew in Canada)

54

The Next Stage

Through the decades, the community adjusted its range of services to meet changing times. The Federation per se, as a planning, coordinating and fund-raising body became a reality on January 1st, 1917. The first campaign, lasting four blustery winter days, raised \$127,000—more than doubling the attainments of separate agencies the year before.

The startling changes in the service needs of the community is reflected in a comparison between the agencies of 1917 and those of 2009.



Leaders of the first Montreal Jewish Federation.

The 12 agencies in 1917:

The Baron de Hirsch Institute Mount Sinai Sanitorium

Ladies Hebrew Benevolent Society

The Herzl Dispensary and Hospital

The Montreal Hebrew Orphans Home

The Montreal Hebrew Sheltering Home
The Ladies Jewish Endeavour Sewing Society

Hebrew Ladies Aid Society

The Young Women's Hebrew Association
The Beth Israel Day Nursery and Infants' Home

Friendly League of Jewish Women.

The current roster of member organizations:

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Bronfman Jewish Education Centre Bronfman Israel Experience Centre

Camp B'nai Brith

Communauté sépharade unifiée du Québec

Cummings Jewish Centre for Seniors

Hillel Montreal

JEM Workshop Inc.

Jewish Public Library

Montreal Holocaust Memorial Centre

Segal Centre for Performing Arts at the Saiyde

YM-YWHA Montreal Jewish Community Centres

Leadership

One thing hasn't changed. The first President of Federation was a lawyer—Maxwell Goldstein K.C. (King's Counsel). And the current President is also a lawyer—Marc Gold.

Maxwell Goldstein, K.C.the first president of Federation.



Marc Gold current Federation President.

A tradition of leadership developed through decades of Federation growth and change. An outstanding example was Minnie Cummings, who volunteered in the 1920s to teach sewing to Jewish young ladies. (There was a campaign to convert young Jews.) Minnie fell in love with a young man, Munroe Abbey, who was teaching young men how to box. Minnie and Munroe Abbey became major figures in the leadership of the Jewish Community and passed their commitment on to future generations.

Joe King's new history of Jewish Montreal, Fabled City, will be launched this spring—rich with striking new photographs and entertaining anecdotes.

CHABAD COMMUNITIES

By:Daniel Smajovits

n the distance, you can hear his Harley Davidson engines blaring. It's clear now - he's on his way.

As he approaches, dozens of students stand in anticipation, for they know who's on that bike. He's the one, the only, the Rocking Rabbi.

A friend to students across the West Island, the Rocking Rabbi hosts the Shmooze Club, a once-a-week lunch session at various private high schools. Over the course of an hour, students are treated to a generous helping of pizza, and fries with a dose of spirituality and a few laughs mixed in.

Needless to say, this program is exciting, different and a complete success, and for the Chai Center, it has developed into one of their signature events stemming from their new branch in Dollard-des-Ormeaux.

> The Chai Center, along with Town of Mount Royal's Chabad of the Town, Cote St. Luc's Beth Chabad, are just three of the Chabad centers in Montreal, and although each organization operates individually, they all serve the same mandate, to make Judaism accessible, interesting, and appealing to every Montrealer.

"Our mandate applies to all Jews] no matter their age, background, or affiliation. We want every Jew to be able to call Judaism their own," said Rabbi Moishe Krasnanski, from Chabad of the Town. "A lot of Jews do not have the background, knowledge and therefore their involvement could be low, but we try to get people to see that Judaism belongs

As such, each center tailors programs to appeal to people of all ages, some of which would be difficult to find at your run-of-the-mill synagogue. This truly enables everybody in

Rabbi Moishe Krasnanski the community the chance to reconnect with or strengthen their Jewish roots. "Our services are not like everywhere else, we sing a lot, we have a very interactive situation where people really get into it and find it interesting," said Rabbi Krasnanski. "They come and they learn something.'

However, even though they truly appeal to a diverse crowd, for the Chabad centers in Montreal, their main focus has become the youth, and to provide a safe and nurturing environment for those who seek one.

"We have the Chai Cafe which is very popular, a pool table, air hockey, all kinds of things catering to their needs, and at the same time, we're doing all of this in a Kosher atmosphere,' said Rabbi Yossi Kessler. "[The teenagers] love it because they're having a good time, and many of them come again and again."

Such values are echoed at Chabad of the Town as they plan to begin a club whereas young adults can get together and have fun, but give back to the community at the same time. "[We plan on starting] a club where [teenagers] will get together, do fun things, but it will [also] be centered around volunteering," said Rabbi Krasnanski. "They will do a mitzvah, do

good things, and have a good time."

The same will soon be the case for Rabbi Mendel Raskin and Beth Chabad, as after they move into their new building on Kildare Road, they too will be able to provide a home away from home for Cote St. Luc's youth. In fact, they have already begun offering a uniquely safe and educational environment courtesy of an interactive website dedicated solely to children. Activities such as designing your own mask for Purim, or a Sukkos Jigsaw puzzle are just two of the dozens of exciting options available as Beth Chabad has truly brought Judaism into the 21st century.



Although most would agree that children are a much easier crowd than teenagers, Chabad centers in Montreal are still trying to give both groups equal amounts of attention as they work to tailor programs which peak the interests of all youth, while at the same time, enhancing their appreciation for Judaism.

Such opportunities are the Chai Center's Living Legacy program, which offers children a plethora of hands-on experiences such as Matzah and Havdalah candle making which enable them to visualize their Jewish education. While at Chabad of the Town, children can attend their winter and summer camps, where they get the opportunity to learn core values by "stretching their hearts out" while they exercise. A summer camp can also be found at Beth Chabad, which is tailored specifically for teenagers aged 12 to 16, and along with some learning, offers a mix of sports, Shabbatons and two weekly trips.

However, behind all the programs, events and even the Harley Davidson are the Rabbis, and for the youth, they are more than spiritual leaders – they are mentors.

"When we say Rabbi, at the Chai Centre, a Rabbi means a mentor. It is a person you can lean on, a shoulder to lean on, a father to cry to," said Rabbi Kessler. "We provide guidance for life and [the opportunity to learn] values. We're not turning [anyone] into Chabadniks because that's not our goal, just [into] Mentchs."

For these mentors whether in Cote Saint Luc or the West Island, their jobs does not end with young adults as the aforementioned shoulder to lean on is extended to any individual who needs it. Along with programs and activities for special needs children, each center also offers facilities that provide social and humanitarian aid and support for the less fortunate.

Even though it is a combination of the people, programs and facilities which make these three Chabad centers special, at the heart are the Jewish beliefs and teachings which are being passed down to the next generation, and fortunately for today's youth, these Rabbis have found entertaining and exciting ways to do it.





Rabbi Yossi Kessler



Rabbi Naftali

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Eyes on Montreal: The International Yiddish Theatre Festival







Pict. #1: :State Jewish Theatre of Poland
Pict. #2: State Jewish Theatre of Bucharest
Pict. #3: National Jewish Theatre of Warsaw
Photo : Robi Cohen

By: Daniel Smajovits

istory was made at the Segal Centre from June 17th to 25th as for the first time ever, the world came together to celebrate everything Yiddish at the International Yiddish Theatre Festival.

Organized as a tribute to the 50th anniversary of the Dora Wasserman Yiddish Theatre, the festival brought together representatives from Canada, the United States, Israel, France, Poland, Russia, Romania, Austria, and Australia. All of whom took part in the week-long celebration, where in addition to live theatre, attendees were treated to a plethora of Yiddish culture in the form of film screenings, musical events as well as educational symposiums and exhibitions.

"It took a miracle and an Alvin [Segal] to make all of this happen. We don't always create miracles on our own, so somewhere there is a purpose to celebrate our culture, our heritage and our future," said festival organizer, and director of the Yiddish theatre at the Segal Centre, Bryna Wasserman.

For attendees, even though they gathered together to celebrate Yiddish theatre as a whole, one main focus of the festival was the future. "More important than anything else is that our future is [at this festival]. One of the reasons to continue with this festival is to celebrate the past, and in order to do that, we have to look at the future," added Wasserman.

Highlighted by the "Young Actors for Young Audiences" program at the Segal Centre, attendees were treated to special performances by the group of amateur youth actors, proving that the theatre is alive and well in the community.

"This is a deeply emotional experience. This was a combination of many people's hopes and dreams," said Alex Dafner, a festival attendee from Australia. "To think that...we can come back after so many years and draw on that rich heritage, and come to Montreal [to celebrate the past, present and future] is a fantastic achievement."

A TRIBUTE TO DORA WASSERMAN



Pict. #1: Dora Wasserman

Pict. #2: Dora Wasserman in 1955

Pict. #3: Dora Wasserman in costume

Pict. #4: Bryna Wasserman

or Dora Wasserman, the theatre encompassed her whole life, and forever impacted the city of Montreal and the Jewish community.

Upon arriving in Canada in 1950, Dora began making her mark on the community by teaching drama to children at Jewish institutions around the city. Her passion for the theatre then translated into the Yiddish Drama Group, which began as a small ensemble of members in 1956. Over the course of the next 11 years, the group transformed into the Yiddish theatre that still exists today and is the only resident Yiddish theatre in North America.

Despite producing and directing over 70 plays, perhaps Dora's greatest accomplishment occurred in the mid-1980s when she established the "Young Actors for Young Audiences" program, which was specifically tailored to encourage the participation of youth in the theatre. Today, dozens of children and teenagers participate in plays such as "No More Raisins, No More Almonds," and have adopted the Yiddish theatre as not just a hobby, but a true passion.

In recognition of her outstanding dedication and efforts to the theatre and the community, Dora was named to the Order of Canada in 1992, and in October 2003, she was awarded the Order of Quebec. Sadly, two months following that prestigious award, Dora Wasserman died at the age of 84. Her efforts live on today in the form of the all the actors who step foot on the stages at the Segal Centre.

2009 marks the 50th year since the inception of the Yiddish theatre, and it's clear that Dora's influence is central today. As a tribute to Dora, the Segal Centre hosted the first ever International Yiddish Theatre Festival in June, and her daughter, Bryna continues to follow in her mother's footsteps as the director of the Yiddish theatre today.

EYES ON MONTREAL

by Sharon Fisher

ome 100 Montrealers accepted the invitation by Charlene and Reg Weiser to hear author Joe King "expound" on some of the more important themes" in his new book Fabled City.

Many came apparently because it was a rare opportunity to visit one of the truly great homes of the city, but all were gripped by the journalist/historian's powerful presentation on the first two and a half centuries of Jewish life in Montreal.

Many of those attending stepped out of the pages of *Fabled City*:

Manuel G. Batshaw, a legendary leader of the community further honoured by the creation, in the wider community of the "Batshaw Centres";

Morris Goodman, president of PharmaSciences, one of the ten biggest pharmaceutical firms in Canada;

Thomas Otto Hecht, whose family narrowly escaped the bloodied hands of the Nazis and reconstructed their pharmaceutical company in Montreal;

Mr. Justice Herbert Marx, onetime Quebec Justice Minister; Maxwell (Munio) Smart, who—orphaned—outwitted the Nazis and Ukrainian thugs to reach Canada and became recognized as an outstanding artist:

And host Reg Weiser, an electronics genius, who launched his firm, the internationally-hailed Positron, from his apartment.

King focused on the "immense and disproportion contribution made by Jews to the growth of Montreal, and Canada, itself." And he slammed the government of William Lyon MacKenzie King, in power during the crucial years when the threatened Jews of Nazi-dominated Europe sought sanctuary.

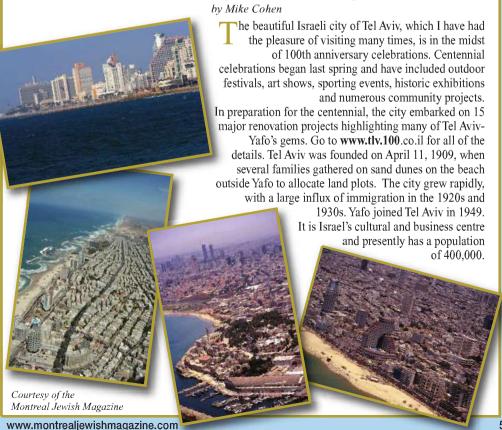


Canada had the worst record of the western world in accepting Jewish refugees. While the United States, reluctantly, accepted 140,000—including 20 Nobel Laureates, and the United Kingdom took 85,000—including 18 Nobel prize winners—Canada accepted some 5,000," Joe King noted.

Joe King's style in writing history includes a rich variety of anecdotes, reinforced by—in Fabled City—with 379 illustrations (chosen from a collection of 11,000).

An interesting encounter came when McGill Law Professor Hon. William Tetley pronounced himself "delighted" on recognizing a former pupil, Charlene Laprise Weiser—his hostess.

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CZECH MATE – A LIFE IN PROGRESS

Thomas Hecht today

By: Thomas O. Hecht

I was born in Brno, Czechoslovakia in 1929. Brno was the second largest city in the only democracy in Central Europe.

In retrospect, I have realized that the Hecht family was a modern middle-class Jewish family who kept certain Jewish traditions such as the Friday night candle lighting, a kosher household, and a somewhat disciplined attendance at synagogue on High Holidays.

We lived in a beautiful apartment building in Brno where my father ran a division of my grandfather's leather business

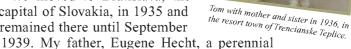
until it collapsed during the depression.

One of my memories of Brno was listening to the radio in my parents' living room and hearing the voice of Adolph Hitler bellowing hatred, a precursor to the Holocaust. His loud ramblings frightened me. His evil deeds impacted our lives.



Eugene Hecht

We moved to Bratislava, the capital of Slovakia, in 1935 and remained there until September



optimist, had great faith in the strength of Western European states. He felt that the wisest course for the family to take was to leave central Europe impacted by brutally anti-Semitic Nazi German policies, and find our way to the safety of Western Europe.

In May, 1939, my father had managed to fly to Paris on a "business trip," and he had remained there. He began to develop a strategy for rescuing his family from what was, obviously, an increasingly dangerous situation in Nazidominated Czechoslovakia.

Thus it was that two weeks after the outbreak of World War II, my mother, my sister Madeleine and I, departed for Budapest, illegally, from the Nazi puppet state of Slovakia, hoping that we would somehow make it to Paris and rejoin my father.

We arrived in Budapest on September 15th, 1939, even though we had only Czechoslovak passports, documents from a country no longer in existence. Madeleine's future husband, Andre Feher, a law student, was waiting to greet us at the railway station. Andre had connections enabling us to have our questionable entry permits extended.

After tense weeks in Budapest, we left for the French capital, undertaking the long train journey through Yugoslavia, Italy, Switzerland and then into France.

We arrived in Paris on December 1st, 1939. Father met us at the railway station. The family was re-united, and we were in what Eugene Hecht felt was a safe haven.





are given a farewell in Lisbon by some of Madeleine's co-workers at the Joint Distribution Committee.

We would stay in Paris until June 13, 1940, a scant 24 hours before the Germans occupied the city. That day, we were miraculously able to find and hire one of the extremely scarce taxi-cabs (a battered old Renault), as hundreds of thousands of Parisians joined the exodus from the city, to take us to the railway station (Gare de Lyon) with four small suitcases. We found tens of thousands lined up, hoping to board a train to escape advancing German forces.

The family's perilous wanderings took us to Dijon, Lyon, Avignon, Bézier and Toulouse. We were tantalizingly close to the Spanish border. Our goal now

was to cross into Spain and reach the neutral port of Lisbon where we hoped to be able to board a ship bound for the security of the New World.

After an unsuccessful attempt by the family to cross into Spain on foot through the mountains, my father came up with a new strategy. He proposed that the family seek shelter in Nice, now controlled by the Italians. Claiming that we were Hungarians (since we spoke the language perfectly) who had lost our documents in a bombing raid, the family asked the Honorary Consul of Hungary in Marseille, (who did not speak a word of Hungarian) for, and received, four legitimate Hungarian passports. The two fascist states of Italy and Hungary had extremely friendly relations.

Tom with his sister Madeleine and two new found Indochinese friends, in Nice, Jouna inauconnesse friends, in vice, including on the right, Prince Buu Loc,

Suture Prime Minister of Indo-China. With our new status, we left by train from Marseille for Nice, reaching the city on July 24th or 25th, 1940. After the tension of the last months, we now enjoyed the relative tranquility of the Mediterranean resort. I went to a Jesuit school in Nice and came first in the class in the study of the catechism. Living under Vichy France, however, became dangerous for non-French Jews. The threat was to be interned in the Camp de Gurs which was to become a transit camp for deportations to extermination camps in Eastern Europe. With great effort and difficulty we secured a Spanish transit visa and we reached Lisbon, the gateway to leave Europe.

We spent ten months in Lisbon waiting for visas to escape from Nazi-dominated Europe, and with the help of the Czech government in exile in London, we secured Canadian visas valid for the duration of the war. We were among those fortunate refugees who were able to enter Canada whose Government practiced the policy of "None is too many". We sailed on a refugee ship, the Serpa Pinto, with 1,200 passengers, and after a six-week crossing of the Atlantic, we reached New York on December 23, 1941. After spending a week in Ellis Island, we arrived by train in Montreal on December 31, 1941.

Our calvary ended when the train pulled into Montreal's Bonaventure station. It was New Year's Eve 1941. I was twelve years old. My family and I had reached Canada, knowing no one, and virtually penniless. And we would learn quickly that the Montreal Jewish Community was ill prepared to help us in any significant way. We were on our own.

The Hecht family in Montreal-out of the clutches of the Nazis



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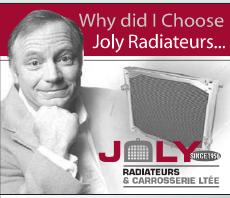
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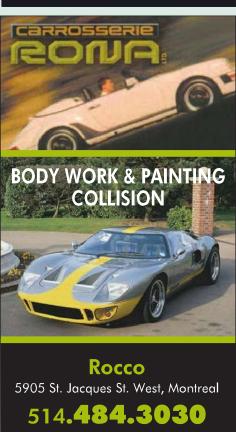
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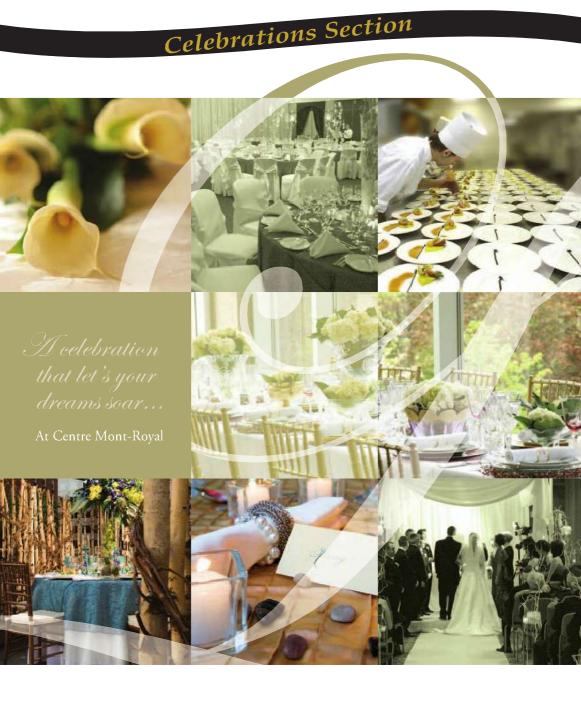
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he Mount Sinai Hospital was founded in 1909 by Members of the Jewish community. It was first established as a tuberculosis sanatorium. Its heritage began in Préfontaine near Sainte-Agathedes-Monts, Quebec, with a modest 12-bed facility.

In the late 50's, as the threat of tuberculosis subsided, Mount Sinai shifted its focus from a tuberculosis sanatorium to an intermediate care facility specializing in respiratory diseases such as emphysema, bronchitis, asthma and other chronic obstructive pulmonary diseases (COPD), and in 1990 Mount Sinai moved to Montreal to better serve the Montreal area.

Today, Mount Sinai is an institution that specializes in respiratory care, long-term care and palliative care and is accredited by Accreditation Canada. It is a 107-bed hospital, affiliated with McGill University where innovative research and ambulatory services play a key role.

On June 4th of this year, 2009, a Gala was held at the Cabaret of the Montreal Casino to celebrate the Centennial of Mount Sinai Hospital and to recognize the work and efforts of Auxiliary Presidents for the past 76 years.

The Auxiliary of Mount Sinai Hospital has raised over \$800,000 over the last 5 years. With these funds they have been able to purchase much needed equipment for the hospital including hi-lo beds, E.C.G. machines, therapeutic mattresses as well as the complete refurbishment of the 3rd floor.

The Auxiliary of Mount Sinai Hospital is committed to their motto; "Give so that others may live".

Pict. #1: Auxiliary and Occupational Dept. 1950's.

Pict. #2:Mount Sinai HospitalL

Pict. #3: Sanatorium 1909

Pict. #4: Healing Garden ..

JEWISH NATIONAL FUND OF MONTREAL - NEGEV DINNER

By: A partial re-print from the Canadian Jewish News article written by David Lazarus

ONTREAL — Winston Spencer-Churchill – grandson of the famed British prime minister – held Jewish National Fund (JNF) Negev Dinner guests in rapt attention as he described his grandfather's great empathy for the Jewish people and Zionism while delivering a chilling warning about the threat to Israel and the world posed by Iran and the spread of Islamism.

"Of all the dangers facing Israel today... none is more pressing than Iran's nuclear ambitions," Spencer-Churchill said at JNF Montreal's 55th dinner, which honored father-and-son cosmetics businessmen Michael and David Cape. It was held June 8 at Congregation Shaar Hashomayim.

Spencer-Churchill, 68, the son of Pamela Digby and Sir Winston Churchill's only son, Randolph, spoke about the "vicious creed" of "exceptionally intolerant" Islamic fundamentalist extremism that seeks to control every corner of the globe. It's an extremism rooted in the Wahabi tribe's Islamic fundamentalism, which was born in Saudi Arabia and foretold by his prescient grandfather back in 1921, he said.

At the time, Britain's future prime minister described the Arabian Peninsula as violent and uncivilized, a place run by people who were "austere, intolerant, well armed, and bloodthirsty."

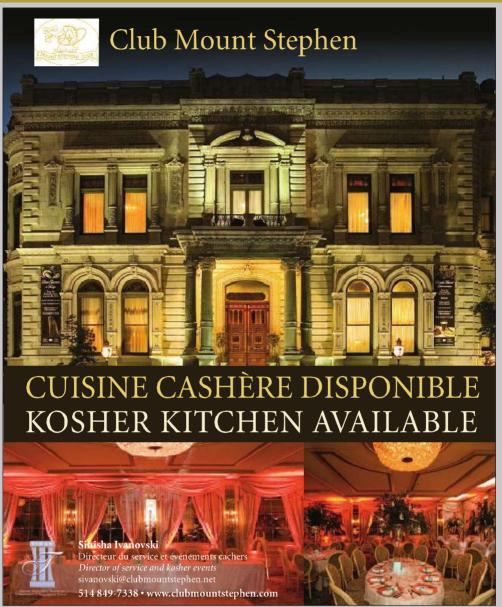
This has not changed, Spencer-Churchill told the more than 400 assembled guests. It's a situation, he added, that might take generations – not just years – to resolve, especially as North Korea tests its nuclear weapons and Iran seeks to develop a similar arsenal

But Spencer-Churchill praised U.S. President Barack Obama for reaching out to the Muslim world in his recent speech at Cairo University.

National JNF president Frank Wilson said funds raised from the dinner will establish a picnic and recreation area in the Capes' names at JNF's Lahav Forest, first established in 1952 in the northeast region of Negev Desert near Bnei Shimon, an area of Israel "twinned" in recent years with the Montreal Jewish community.



At the presentation of Negev Dinner certificates to David and Michael Cape, fourth and fifth from left, are, from left, executive vice-president Joe Rabinovitch; national president Frank Wilson; Montreal president Wendy Spatzner, and Montreal executive director Mark Mendelson [Howard Kay photo]







STRANGERS IN THE NIGHT 5...SOCIAL EXTRAVAGANZA



he fifth annual Strangers in the night charity gourmet gala for the Starlight Children's Foundation was held on June 27. It was the social fete of the summer! The night was filled with amazing entertainment, delicious food, dancing and wonderful company!

The setting took place in a large tent at Fairview Pointe Claire shopping center parking lot. There were more than 4,000 guests in attendance. Once we arrived, we felt the electricity.

The award winning entertainers to headline the evening was Blue Rodeo and Divine Brown, along with Boogie Wonder Band, Freddie James Band, Rob Brennan Band, BluesVille Express, Johnny Hollywood and Samantha Olson.

This charity gourmet showcased over 60 high-end food vendors, open bar and live entertainment which all helped to raise \$519,000 for the Quebec division of Starlight Children's Foundation Canada. It was definitely a night to remember!

Gala co-sponsors were Broccolini Construction, Air Canada Kids' Horizons, Desjardins, Second Cup and Spinelli Toyota Lachine and Pointe-Claire.

Pict. #1: Larry Robinson, Greg Keelor, Vanessa Morcom Jim Cuddy, Divine Brown, Ellen Coplan Larry Day & Lenny Lozzo

Pict. #2: Jim Cuddy, Divine Brown & Larry Day

Pict. #3: Larry Robinson, Greg Keelor, Jim Cuddy & ILrry Day

Pict. #4: Guy Carbonneau, Ellen Coplan, Larry Day, Larry Robinson & Jayne Heitmeyer

montreal centre of canadian hadassah Wizo pro-am for Kids



anadian Hadassah Wizo (CHW) is Canada's leading Jewish women's philanthropic organization. Founded in 1917, CHW is non-political, volunteer driven and funds a multitude of programs and projects for Children, Healthcare and Women in Israel and Canada. With a dynamic membership of 10,000, CHW has Centres in over 40 locations across Canada.

The 35th Annual Pro-Am For Kids golf tournament sponsored by Silver Star Mercedes Benz took place on Monday, July 6th at Hillsdale Country Club. Over 180 players and professionals from the Quebec Professional Golf Association took part in the largest charitable Pro-Am golf tournament in Montreal. The participants enjoyed a full day of festivities including brunch, prizes on the par 3s, cocktails, dinner and the awarding of team prizes. Joseph Balinsky and Gary Hutman, Co-Chairs, had the pleasure of congratulating the winning pros - Marc Hurtubise of Chambly Golf Club and Pier-André Roy of Golf Evolution - who played for a \$10,000 professional prize fund. Over \$150,000 was raised in support of Canadian Hadassah-WIZO (CHW) projects in Israel and LOVE Quebec.

Pict. #1: Some of the committee members – pictured left to right – Joe Sklar, Joseph Balinsky and Gary Hutman, Co-Chairs, and Sonny Merovitz.

Missing from photo are Joe Akerman, Jeff Balkowitz, David Balinsky, Ronald Balinsky, Lewis Cooper, David Glazer, Danny Kaufer, Alison Miller, Jerry Romisher, Joel Rosen, Arthur Rubin, Harry Schick, Nelson Setzer, Myer Wenger (Founding Chairman) and Steve Williams.

Pict. #2: The Silver Star Team - pictured left to right - Jack Stark, Danny Taran, Sam Eltes and their Pro, Yvan Beauchemin





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5TH ANNUAL MOUNT SINAI CAR RALLY A GREAT SUCCESS

Charity drive raises over \$171,000 for medical care



ONTREAL, September 08, 2009 – This year's Sinai Rally took place on a gorgeous sunny day on Sunday, August 16th 2009, with a total of 30 cars taking part. In the end, an impressive total of \$171,000 was raised by the Rally for the Mount Sinai Hospital.

The day started with a breakfast buffet in Mount Sinai Hospital's beautiful garden terrace. The first stop of the day was in Sainte-Sophie (about 12 km East of Saint-Jérome), where participants competed in the "longest apple peal" contest in order to collect additional points for their team. The next stop for hungry participants was a gourmet lunch at the International Centre for Advanced Racing (ICAR) – a racetrack country club and high-performance driving school. Drivers were given the opportunity to test ICAR's facilities by completing 3 full laps around one of their race tracks. The highlight of the day for three lucky participants, however, was when they won the drawing for three high-speed laps around the track in a race-tuned Mustang piloted by one of ICAR's professional race car driver. The last checkpoint of the day featured a "darts challenge" whereby participants had a blast testing their dart skills while enjoying some Ben & Jerry's ice cream at the beautiful pier in Oka.

For the second year running, Danny Di Schiavi and navigator Laura Borsellino won both the top honours for raising the most money as well as finishing first place in the Rally. They also took home 2 Air Canada tickets to anywhere in North America (including Mexico and the Caribbean) for winning the 'fundraising incentive drawing.'

Drivers, navigators, volunteers, sponsors and the executive committee enjoyed a wonderful closing dinner at Towne Hall in Pointe-Claire. The closing dinner also featured a balloon raffle, which raised an additional \$7,000 for the hospital. CTV's André Corbeil participated in the Sinai Rally

for his second straight year and had such a great time that we hope he will be with us for the 6th annual edition in 2010! Danny Steinberg, co-chair of this year's Sinai Rally remarked on the wonderful evening, "I am so proud to have had the honour to co-chair this year's Sinai Rally. Mount Sinai Hospital is a truly remarkable health care centre and all of us at the Foundation and on the Rally Committee are deeply grateful to all our donors, sponsors and participants who helped make this year such a successful fundraiser in support of this unique hospital.

This year, all proceeds from the Rally will benefit Mount Sinai's Pulmonary Department, which offers one of the most thorough and advanced respiratory disease treatment centers in the province. Prevention, diagnosis, treatment and education all combine to provide a unique, comprehensive and multi-faceted approach to patient care.

All of this concludes an extraordinary Sinai Rally season, which included a magnificent launch event at Koko (Opus Hotel) in June and a fun summer evening of go-kart racing for the Challenger Series (ages 35 and under) at Kart-O-Mania in August.

SOIRÉE FANTASTIQUE RAISES OVER ONE MILLION DOLLARS





Pict. #1: Left to right – Barbara and Don Seal with the honourees, Lillian and Stephen Vineberg

Pict. #2: From Left to Right – Announcing the grand total, Suzanne O Brien, Executive Director, Hope & Cope, Sheila Kussner, Founder and Chairman, Hope & Cope, Mazowa Kussner

Photo crédit: Howard Kay.

ope & Cope's first ever Soirée Fantastique was declared a smashing success, raising well over one million dollars for Montreal's premiere cancer support organization. A sell-out crowd of 500 guests attended the event, held on Tuesday, August 25th at the Shaar Hashomayim Synagogue in Westmount, Quebec.

As Hope & Cope Founder and Chairman Sheila Kussner told the 500 assembled guests, "If times are tough for the average person, imagine how much tougher they are for people whose cancer diagnosis is compounded by financial worries. That is why your support is so meaningful and your presence here tonight so deeply appreciated."

About Hope & Cope: Hope & Cope is a unique volunteer-based organization that provides psychosocial support to cancer patients and their families from two locations – its home base at the Jewish General Hospital and at the JGH Hope & Cope Wellness Centre, which focuses on healing the mind, body and spirit. Hope & Cope's comprehensive and innovative programs offer support, information, practical resources and guidance to patients at all points along the cancer journey. For more information, visit jgh.ca/hopecope.

The Entertainment: The Canadian Tenors stole the show, winning the hearts of all in attendance. They received a standing ovation for their performance, which included their glorious harmonies and unique interpretations of songs such as Leonard Cohen's Hallelujah. Hollywood legend Joan Rivers lived up to her reputation, delivering an energetic performance with scathing observations on everything from aging to dating to plastic surgery and more.

The honourees: Stephen and Lillian Vineberg expressed their pride at being the evening's honourees. Mr. Vineberg spoke candidly about his personal experience with cancer and about the profound importance of wellness programs such as those offered by Hope & Cope. Quoting Leonard Cohen, Mr. Vineberg said, "There's a crack in everything to let the light shine through. You are that light."



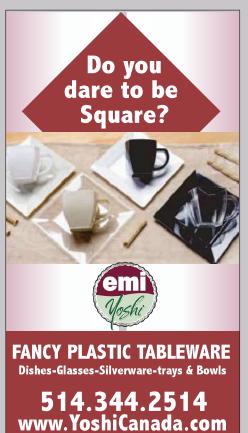
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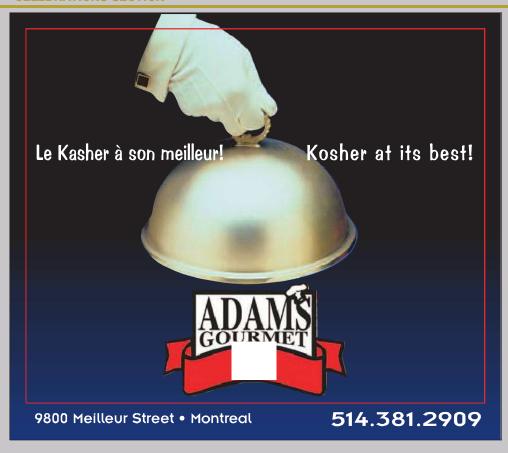


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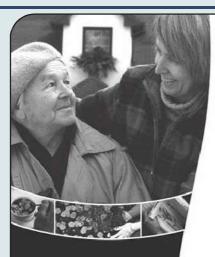


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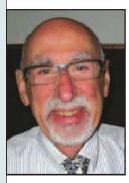
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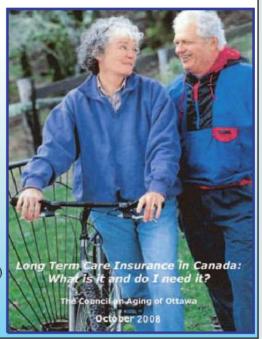
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CHANUKAH CANDLE LIGHTING

The lights of Chanukah are a symbol of our joy. In time of darkness, our ancestors had the courage to struggle for freedom: freedom to be themselves, freedom to worship in their own way. Theirs was a victory of the weak over the strong, the few over the many, and the righteous over the arrogant. It was a victory for all ages and all peoples.

The following is a symbolic interpretation of the eight candles.

FIRST NIGHT: We kindle the first for Abraham, who lit the candle of faith in a world dark with idolatry. May we be a light unto the nations!

SECOND NIGHT: We kindle the second light for Moses and Aaron, who lit the candle of freedom in a world dark with slavery. May we be a light to the nations!

THIRD NIGHT: We kindle the third light for the Judges – Joshua, Deborah, and Gideon – who lit the candle of hope in a world dark with despair. May we be a light for the nations!

FOURTH NIGHT: We kindle the fourth light for the rulers Saul, David and Solomon, who lit the candle of leadership in a world dark with confusion. May we be a light unto the nations!

FIFTH NIGHT: We kindle the fifth light for the prophets Amos and Hosea, Isaiah, Jeremiah, and Ezekiel, who lit the candle of justice in a world dark with violence. May we be a light unto the nations!

SIXTH NIGHT: We kindle the sixth light for the Maccabees – Mattathias, Judah and Simon, Eleazar, Jonathan and John – who lit the candle of courage in a world dark with terror. May we be a light unto the nations!

SEVENTH NIGHT: We kindle the seventh light for the Jewish people who continue to light the candle of love in a world dark with hatred. May we be a light unto the nations!

EIGHT NIGHT: We light the final candle for all humanity, children of the One G-d. May the light of these candles bring the message of freedom, brotherhood, and justice to all the world. May we be a light unto the nations!

(The candles are placed in the Chanukah from right to the left, and kindled from left to right. Always light the newest candle first)

(The first two prayers are said each night as the candles are being lit)

Baruch atah Adonai Eloheinu melech haolam asher kidshanu b'mitzvotav v'tzivanu l'hadlik ner shel Chanukah.

Praised are You, eternal our G-d, Ruler of the universe, who makes us holy through Your mitzvot, and who commands us to kindle the Chanukah lights

בָּרוּדְּ אַתָּה, יָיָ אֱלֹהֵינוּ, מֶלֶדְּ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוְּנוּ לְחַדְּלִיק נֵר של תנכה.

Praised are You, Eternal our G-d, Ruler of the universe, who performed wondrous deeds for our ancestors in days of old, at this season.

(This prayer is said on the first night only)

בָּרוֹךְ אַתָּה, יָיָ אֱלֹהֵינוּ, מֶלֶּךְ הָעוֹלֶם, שֶׁעֶשָׁה נְסִים לַאֲבוֹתֵינוּ בַּיָּמִים הָהֵם בַּזְמֵן הַזָּה.

Baruch atah Aaonal Etoneinu metech naotam snenecneyanu v kiy manu v nigiyanu tazman nazen.

Praised are You, Eternal our G-d, Ruler of the universe, for giving us life, for sustaining us, and for enabling

בָּרוּךְ אַתָּה, יָיָ אֱלֹהֵינוּ, מֶלֶדְּ הָעוֹלֶם, שֶׁהֶחֱיָנוּ וְקִיְמֶנוּ וְהִגִּיעָנוּ לַזְמֵן הַגָּה.



I have a litle dreidel, I made it out of clay, And when it's dry and ready, then dreidel I shall play.

CHORUS: Oh, dreidel, dreidel, dreidel I made it out of clay. Oh, dreidel, dreidel, dreidel, Now dreidel I shall play. It has a lovely body, with leg so short and thin, And when it gets all tired, it drops and then I win. CHORUS

My dreidel's always playful, it loves to dance and spin. A happy game of dreidel, come play now, let's begin! CHORUS

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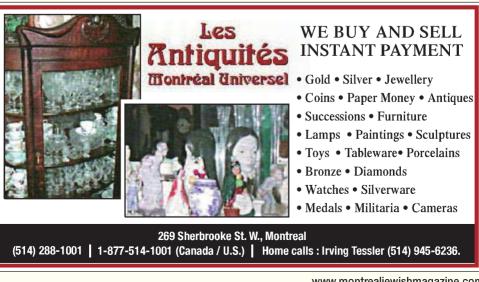
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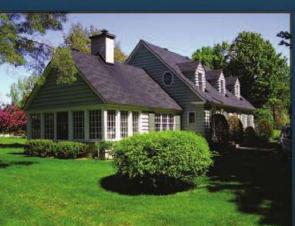
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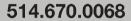
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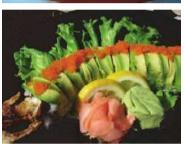
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Event information should include the time, date, place, type of event, and a contact name and number.

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